

HEALTH QUIZ Grade 7 & 8 - Answers

1. List three reasons a young teen couple might give for deciding to postpone sexual intercourse.

Possible answers:

Fear of pregnancy

Not ready

Against values or religion

Afraid the relationship will change

Can't afford birth control

Fear of being hurt (physically or emotionally)

Embarrassed to buy birth control

No private place to have sex

Fear of STI's

Too young

Concern about reputation

Fear of parents finding out.

2. Teens often do not use effective forms of birth control. Give 2 possible reasons they might have for not using good birth control.

Possible answers:

Embarrassed to buy it

Can't afford it

Can't get to the doctor's office

Don't want to have examination by doctor

Afraid the doctor will tell their parents

No sure what is the best type of birth control

Don't like the idea of using condoms

3. Circle the birth control method in each pair that is the more effective method:

Spermicides -or- **birth control pills**

Depo-Provera injection -or- condoms

Female condom -or- **birth control pills**

4. What is the only 100% effective way of preventing both pregnancy and STIs?

Possible answers: Abstinence, not having sex, not "doing it"

5. What birth control method also provides some protection against STI's?

Possible answers: Condoms, male condoms, female condoms

6. How long after unprotected intercourse can the Emergency Contraceptive Pill be taken?

72 hours

7. Give one reason a couple might have for choosing to use female condoms instead of male condoms.

Possible answers: can insert ahead of time, latex allergy, transmits heat better, more sensation, more protection of external genitals

8. Name one birth control method that can only be obtained with a doctor's prescription.

Possible answers: birth control pills, Depo-Provera, diaphragm

9. List two reasons why withdrawal (or "pulling out in time") is not an effective method of birth control.

Possible answers: may have semen (pre-cum) on the penis, man may not be able to control ejaculation, "penis is like a basketball player – it dribbles before it shoots"

TRUE OR FALSE?

F 1. A girl can't get pregnant the first time she has intercourse.

T 2. The birth control pill must be taken at the same time every day to be effective.

F 3. Vaseline is a good lubricant to use with latex condoms.

T 4. The female condom can be used by people who are allergic to latex.

F 5. Condoms are a very effective form of birth control.

F 6. Depo-Provera is an injection of hormones that is given every 6 months.

T 7. Air must be squeezed out of the tip of the condom before putting it on.

T 8. Spermicides come in the form of foam, sponges, and film.

F 9. If a condom will not roll down the penis, it should just be turned over and put back on.

F 10. There are many clinics in Muskoka that do abortions.