

## HEALTH QUIZ- GRADE 7 & 8

1. List three reasons a young teen couple might give for deciding to postpone sexual intercourse.

2. Teens often do not use effective forms of birth control. Give 2 possible reasons they might have for not using good birth control.

3. Circle the birth control method in each pair that is the more effective method:

Spermicides -or- birth control pills

Depo-Provera injection -or- condoms

Female condom -or- birth control pills

4. What is the only 100% effective way of preventing both pregnancy and STIs?

5. What birth control method also provides some protection against STI's?
6. How long after unprotected intercourse can the Emergency Contraceptive Pill be taken?
7. Give one reason a couple might have for choosing to use female condoms instead of male condoms.
8. Name one birth control method that can only be obtained with a doctor's prescription.
9. List two reasons why withdrawal (or "pulling out in time") is not an effective method of birth control.

## TRUE OR FALSE?

- \_\_\_ 1. A girl can't get pregnant the first time she has intercourse.
- \_\_\_ 2. The birth control pill must be taken at the same time every day to be effective.
- \_\_\_ 3. Vaseline is a good lubricant to use with latex condoms.
- \_\_\_ 4. The female condom can be used by people who are allergic to latex.
- \_\_\_ 5. Condoms are a very effective form of birth control.
- \_\_\_ 6. Depo-Provera is an injection of hormones that is given every six months.
- \_\_\_ 7. Air must be squeezed out of the tip of the condom before putting it on.
- \_\_\_ 8. Spermicides come in the form of foam, sponges, and film.
- \_\_\_ 9. If a condom will not roll down the penis, it should just be turned over and put back on.
- \_\_\_ 10. There are many clinics in Simcoe County that do abortions.