# **Differentiated Instruction Teaching/Learning Examples**

	Health and Physical Education
	Duration: two to three 50-minute periods
1	flexible grouping
2	Shared responsibility for learning
3	
4	
5	
6	

\*Marzano's Categories of Instructional Strategies (See Resources below.)

\*\*Differentiated Instruction Structure

# Differentiated Instruction Details Knowledge of Students Differentiation based on student: Image: Style interests in the student interest in the student interest inte

### How to Find Out

- conversations with students
- comfort level surveys or self-ratings
- multiple intelligences surveys completed throughout the year

# **Differentiated Instruction Response**

🗵 Learning materials (content) 🗖 Ways of learning (process) 🖾 Ways of demonstrating learning (product) 🗖 Learning environment

# Curriculum Connections

# Overall Expectation(s):

H & PE – demonstrate the ability to apply health knowledge and living skills to make reasoned decisions and take appropriate actions relating to their personal health and well-being.

Language Arts - Writing 1 – generate, gather, and organize ideas and information to write for an intended purpose and audience Language Arts – Oral Communication 1 – listen in order to understand and respond appropriately in a variety of situations for a variety of purposes

# **Specific Expectation(s):**

- (H & PE) Growth and Development Apply living skills in making informed decisions and analyze the consequences of engaging in sexual activities
- (Language Writing 1.2) generate ideas about challenging topics and identify those most appropriate to the purpose
- (Language Writing 1.3) gather information to support ideas for writing using a variety of strategies and a wide range of print and electronic sources
- (Language Oral Communication 1.2) demonstrate an understanding of appropriate behaviour by adapting active listening strategies to suit a wide variety of situations, including work in groups

# Learning Goal(s):

- Students will develop decision making skills and healthy choices regarding relationships
- Students will use a graphic organizer to show decision-making
- students will demonstrate their knowledge using their multiple intelligences strengths

# Assessment and Evaluation

Assessment/Success Criteria Knowledge and Understanding **Assessment Tools** (i.e., checklist, rubric, checkbric, rating scale, anecdotal



Knowledge and onderstanding	checkone, rating scale, anecuotai
<ul> <li>H &amp; PE - understanding of content (sources of support)</li> </ul>	comments, marking scheme):
Thinking and Problem Solving	
<ul> <li>H &amp; PE - use of planning skills (problem solving and decision making)</li> </ul>	anecdotal comments
<ul> <li>Language – use of planning skills and processing skills (using graphic organizer to make</li> </ul>	• rubric
decisions)	exit ticket
Communication	
<ul> <li>Language - communication for different audiences and purposes (discussion with peers and teacher)</li> </ul>	
Success criteria should be created in collaboration with students prior to beginning the lesson.	
Prior Learning	
Prior to this lesson, students will have:	
<ul> <li>prior knowledge of Health and Physical Education curriculum</li> </ul>	
<ul> <li>prior opportunities to practice decision making in various contexts</li> </ul>	
• completed multiple intelligences surveys and can identify a variety of ways that they can share	their knowledge

Differentiated Instruction Teaching/Learning Examples 2009 – Template for Writers Ontario Ministry of Education, Student Success/Learning to 18 Implementation, Training and Evaluation Branch

Materials and Resources	
Materials:	
computers	
• various materials from the Simcoe Muskoka District Health Unit kit, distributed to schools (also available on	the Simcoe Muskoka Health
Unit's website)	
• graphic organizers – go to <u>www.worksheetworks.com</u> and click on graphic organizers. There is a decision-m	aking model that you can
create, download, and print	с ,
<ul> <li>various materials that students might need based on their multiple intelligences (e.g., art materials, musical</li> </ul>	instruments. etc)
	,
Internet Resources:	
www.thephakz.ca	
www.simcoemuskokahealth.org	
www.worksheetworks.com (to get the graphic organizer for decision-making)	
Resources:	
Grade appropriate OPHEA resources	
Ministry of Education Health and Physical Education curriculum 1998 and interim document 2010	
Subject/Course Code/Title/Curriculum Policy	
Minds On	Connections
Establishing a positive learning environment     Connection to mission learning and (or examples of the second secon	L: Literacy
<ul> <li>Connecting to prior learning and/or experiences</li> <li>Setting the context for learning</li> </ul>	ML: Mathematical Literacy AfL, AoL: Assessment <b>for/of</b>
* Setting the context for rearring	Learning
Partner Activity – 5-10 minutes	
Description:	AfL: Strategy/Assessment Tool
<ul> <li>With a partner, discuss this question: "What is a Grade 8 relationship?"</li> </ul>	
	Literacy – oral
<ul> <li>SNOWBALL - Students anonymously write individual responses on a piece of paper, then stand in a circle.</li> <li>All students grumple up their papers, tags them into the middle of the single, then go retrigue a different.</li> </ul>	communication
All students crumple up their papers, toss them into the middle of the circle, then go retrieve a <i>different</i>	
paper. Students share the response on the page they retrieved.	
<ul> <li>Discuss the general feeling of the class regarding "What is a Grade 8 relationship?"</li> </ul>	
Action	
Introducing new learning or extending/reinforcing prior learning	
Providing opportunities for practice and application of learning (guided > independent)	
Whole Class ⇒ Reinforce prior knowledge 15-20 minutes Description:	
·	
<ul> <li>Review problem solving model: 1. Identify the problem, 2. List at least 3 options, 3. Evaluate options using pros and cons, 4. Choose the best option and justify why that was their decision, 5. Reflect – What have</li> </ul>	AfL: Strategy/Assessment Tool
you learned?	
<ul> <li>Model the graphic organizer (using data projector, SMART board technology, chart paper – whatever you</li> </ul>	Literacy
typically use) – scenario is "Your friends are pressuring you to go into a relationship with someone in your	Assessment of learning –
class."	use collaboratively
<ul> <li>Options could include: go out with them, not go out with them, talk to an adult (teacher, parent),</li> </ul>	created rubric
pretend to go out with them	
<ul> <li>discuss options and possible outcomes with students (pros and cons)</li> <li>as a slope make a shoire and reflect upon the desirier</li> </ul>	
<ul> <li>as a class, make a choice and reflect upon the decision</li> </ul>	
Small group or partner $\Rightarrow$ Demonstrate learning using Multiple Intelligences 40-60 minutes	
<ul> <li>Students work in partners. Students create or find a scenario or select one from a teacher-generated list</li> </ul>	
that involves pressure surrounding engaging in sexual activity. For example on the teacher-generated list	
you could have, "Your girlfriend or boyfriend is pressuring you to have sex. What could you do?"	
<ul> <li>Using text resources, students must gather data or information that can help them make an informed</li> <li>shoise (i.e., thenhale, so, Simone Musicale District Health Unit)</li> </ul>	
choice (i.e., thephakz.ca, Simcoe-Muskoka District Health Unit)	
• Things to consider while creating options: Abstinence, STIs, pregnancy, birth control, etc.	
<ul> <li>Students complete the graphic organizer, and then demonstrate their decision making using one of the following (differentiation opportunity):</li> </ul>	
following (differentiation opportunity):	
• Drama skit	
• Comic strip	
• Write a song	
<ul> <li>Write an essay defending their choice</li> </ul>	
<ul> <li>Write a story or create a small picture book</li> </ul>	
<ul> <li>Student-generated ideas</li> </ul>	
	1

• Students present or hand in their final product with the completed graphic organizer.

Consolidation and Connection	
<ul> <li>Helping students demonstrate what they have learned</li> </ul>	
Providing opportunities for consolidation and reflection	
<ul> <li>As a class, teacher guides students through discussion regarding the choices they presented. For example:         <ul> <li>How important are relationships?</li> <li>What things should you consider when thinking about entering a relationship with someone?</li> <li>What does a "healthy relationship" look like?</li> <li>What does an "unhealthy relationship" look like?</li> </ul> </li> <li>Independently - Post-it note exit ticket – What factors would affect your decision-making regarding</li> </ul>	AfL or AoL: Strategy/Assessmen Tool Literacy Assessment for learning – post-it note will show how well students have understood the concepts



Differentiated Instruction Teaching/Learning Examples 2009 – Template for Writers Ontario Ministry of Education, Student Success/Learning to 18 Implementation, Training and Evaluation Branch