# Weekly Respiratory Virus Update



# Week 45: November 5 to November 11, 2023

#### Week in Review:

| Virus Activity Indicator                                 | Influenza<br>Assessment* | COVID-19<br>Assessment* | Interpretation   |
|--|--------------------------|-------------------------|--|
| Weekly Reported Cases                                    | Similar                  | Higher                  | For week 45:  Influenza: 1; COVID-19: 154  For the previous week (week 44):  Influenza 2; COVID-19: 113  |
| Percent Positive Specimens                               | Similar <sup>†</sup>     | Similar                 | Simcoe Muskoka:  • Flu A <sup>†</sup> (0.0%); Flu B <sup>†</sup> (0.0%), COVID-19: (20.2%)  Ontario:  • Flu A <sup>†</sup> (0.5%); Flu B <sup>†</sup> (0.0%), COVID-19: (18.6%)          |
| Local Institutional Outbreaks                            | Similar                  | Similar                 | <ul> <li>Institutional outbreaks declared in week 45:</li> <li>Influenza: 0 (season to date: 1)</li> <li>COVID-19: 8 (season to date: 57)</li> <li>RSV: 0 (season to date: 4)</li> </ul> |
| Week 45 Assessment<br>November 5 to November 11,<br>2023 | Similar                  | Similar                 | Influenza Activity Level: Sporadic 1 flu A and 0 flu B cases reported this week  COVID-19 Community Risk†: Moderate  COVID-19 case counts are higher this week                           |
| Predominant^ Circulating Respiratory Viruses: COVID-19   |                          |                         |  |
| Local Emergency Department                               | Sim                      | nilar                   | Percentage of visits is similar compared to previous   |

**Notes:** Reported influenza activity level is based on activity levels as per <u>Influenza activity reporting in the Ontario Surveillance Package</u>. COVID-19 Risk level is based on the risk level from the <u>Simcoe Muskoka Community Risk Level</u>. Additional definitions are available <u>here</u>. NA = Not Available

**Respiratory Visits** 

week and lower compared to same week in 2022-23

<sup>\*</sup> Compared to previous surveillance week. Assessment of percent positivity for influenza and COVID-19 is based on provincial numbers due to small numbers.

<sup>†</sup> Reported for week 44

<sup>^</sup> Predominant is defined as any virus where provincial percent positivity is >10% as reported through PHO's Ontario Respiratory Virus Tool - Summary - Overall Respiratory virus activity

# **Weekly Reported Cases**

*Influenza:* In Simcoe Muskoka, there have been **10 lab-confirmed influenza cases reported** as of 14 November 2023; **1 (8%)** of which were reported in week **45** – this is similar when compared to week 44.

Of the 12 reported influenza A cases, nine have been subtyped:

- 0/9 (0%) are influenza A, H3 strain
- 9/9 (100%) are influenza A, H1N1 pdm09

**COVID-19:** In Simcoe Muskoka, there have been **154 lab-confirmed COVID-19 cases reported** in week 45 – this is higher when compared to week 44.

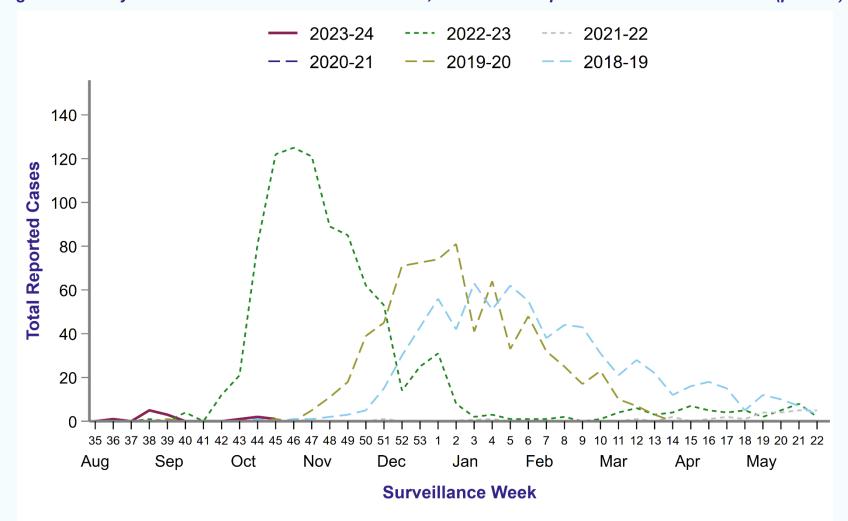
Table 1: Summary of Influenza and COVID-19 Cases, Simcoe Muskoka, 2023-24 Season

| Lab-confirmed Cases | Week 45  | Season-to-Date |
|---------------------|----------|----------------|
| Influenza           | 1        | 13             |
| Influenza A         | 1 (100%) | 12 (92%)       |
| Influenza B         | 0 (0%)   | 1 (8%)         |
| Influenza A & B     | 0 (0%)   | 0 (0%)         |
| COVID-19            | 154      | 1,140          |

**Data source:** Case and Contact Management (CCM) System and Integrated Public Health Information System (iPHIS), extracted on November 14, 2023. **Notes:** Season-to-Date includes cases reported from the Sunday of the week in which September 1, 2023 falls (i.e., August 27, 2023 onwards).

## **Historical Trends – Influenza**

Figure 1: Weekly Influenza<sup>^</sup> Counts in Simcoe Muskoka<sup>\*</sup>, Historical Comparison 2018-2019 to 2023-24 (present)



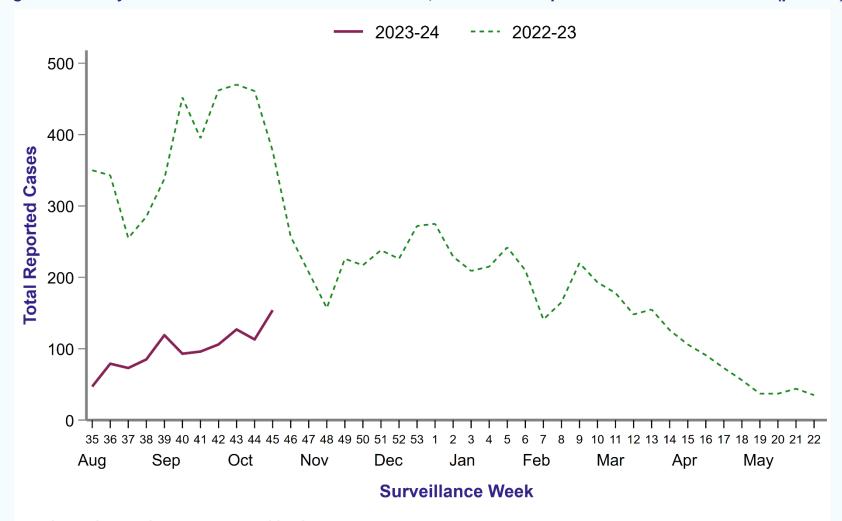
Data Source: Integrated Public Health Information System (iPHIS), extracted on 14 Nov 2023

<sup>^</sup>Includes confirmed cases of influenza in Simcoe Muskoka residents.

<sup>\*</sup>Case counts are based on reported date. Reported date is on average 7-10 days after onset date. For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2023-24 respiratory season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

## **Historical Trends – COVID-19**

Figure 2: Weekly COVID-19<sup>^</sup> Counts in Simcoe Muskoka\*, Historical Comparison 2022-2023 to 2023-24 (present)



Data Source: Case and Contact Management (CCM) System), extracted on 14 Nov 2023

For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2023-24 respiratory season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

<sup>^</sup>Includes confirmed cases of COVID-19 in Simcoe Muskoka residents.

<sup>\*</sup>Case counts are based on reported date. Reported date is on average 7-10 days after onset date.

# **Percent Positivity**

For week 44, the percentage of specimens that are positive (<u>percent positivity</u>) for **Influenza A is similar** compared to the previous week provincially. For week 45, provincial percent positivity for **COVID-19** is **similar** compared to the previous week.

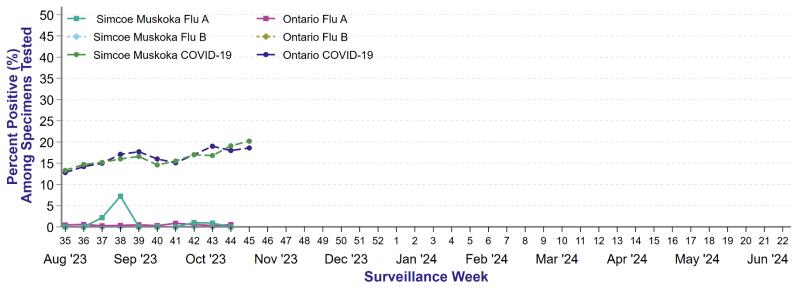
Table 2: Percent Positivity for Influenza (week 44) and COVID-19 (week 45), Simcoe Muskoka and Ontario

| Region         | Influenza A* | Influenza B* | COVID-19 |
|----------------|--------------|--------------|----------|
| Simcoe Muskoka | 0.0%         | 0.0%         | 20.2%    |
| Ontario        | 0.5%         | 0.0%         | 18.6%    |

Data source: Public Health Ontario's Ontario Respiratory Virus Tool, extracted on November 14, 2023. Summarized data from Ontario Lab Information System (OLIS) COVID-19 test data from Ministry of Health SAS Visual Analytics COVID-19 Testing Report, extracted on November 14, 2023

Note: \*Influenza percent positivity is reported with a one week lag and does not include week 45. COVID-19 percent positivity is reported for week 45; provincial data is incomplete and should be interpreted with caution.

Figure 3: Percent Positivity, Influenza A & B, COVID-19, Simcoe Muskoka & Ontario, 2023-24 Season



Data Source: Public Health Ontario Respiratory Pathogen Bulletin, extracted on 14 Nov 2023. Ministry of Health. 2020. Ontario Lab Information System (OLIS) COVID-19 test data from Ministry of Health SAS Visual Analytics COVID-19 Testing Report, extracted on 09 Nov 2023.

<sup>\*</sup> Flu A and B specimens only include those tested at public health laboratories in Ontario. COVID-19 specimens are limited to those undergoing PCR testing.

Note: Simcoe Muskoka percent positivity, particularly for influenza, is based on small numbers of positive tests and should be interpreted with caution.

Influenza data in this figure are reported with one week lag and do not include the most recently completed surveillance week. COVID-19 data may be incomplete.

# **Institutional Respiratory Outbreaks**

Since September 1, 2023, there have been 81 lab-confirmed institutional respiratory outbreaks in Simcoe Muskoka:

Total Influenza: 1 outbreak
Influenza A: 1 outbreak
Influenza B: 0 outbreaks

Respiratory Syncytial Virus (RSV): 4 outbreaks
Other or Unknown Respiratory Pathogen: 22 outbreaks

Note: Total number of outbreaks by pathogen above may not equal total respiratory outbreaks or Figure 4.Outbreaks with multiple pathogens are counted under each pathogen. Combined COVID-19, influenza and/or RSV outbreaks may be included in the influenza, COVID-19, RSV and/or combined COVID-19 and Flu categories above, as appropriate.

Figure 4: Institutional Outbreaks by Respiratory Pathogen, Simcoe Muskoka, 2023-24 Season Influenza A Influenza B Influenza A & B Influenza - Unspecified 20 COVID-19 & Flu COVID-19 Not Flu, COVID-19 or RSV\*\* **Number of Outbreaks** 15 10 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 Oct '23 Nov '23 Dec '23 Jan '24 Aug '23 Sep '23 Feb '24 Mar '24 Apr '24 May '24 Jun '24 Outbreak Declaration Week^/Surveillance Week Data Source: Integrated Public Health Information System (iPHIS) & Public Health Case and Contact Management Solution (CCM) extracted by SMDHU on 14 Nov 2023. \* Confirmed outbreaks only. Institutions can include acute care facilities, long-term care homes, retirement homes, corrections facilities and childcare facilities. \*\*Includes outbreaks where a respiratory pathogen other than influenza, COVID-19 or RSV is identified, or no pathogen was identified. ^Week declared is the week (Sun-Sat) in which the outbreak became a confirmed outbreak

# **Local Emergency Department Visits**

Emergency department (ED) visits for respiratory syndrome in Simcoe Muskoka accounted for **11.4% of visits in week 45.** This is **similar** when compared to week 44, and lower when compared to the same time in the 2022-23 season.

Figure 5: Emergency Department Visits for Respiratory Syndrome at Participating Simcoe Muskoka Hospitals, 2022-23 and 2023-24 Seasons Resp Counts 2023-24 Resp Counts 2022-23 % Resp Visits 2023-24 % Resp Visits 2022-23 Visits 2000 1800 Visits ED 1600 20 1400 Total ED 1200 of 1000 o Number 800 Percent (%) 600 5 400 200 5 6 7 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 1 2 3 4 10 11 12 13 14 15 16 17 18 19 20 21 22 Dec '23 Aug '23 Sep '23 Oct '23 Nov '23 Jan '24 Feb '24 Mar '24 Apr '24 May '24 Jun '24 **Surveillance Week** Data Source: Acute Care Enhanced Surveillance (ACES) System, extracted on 14 Nov 2023 ^ Respiratory syndrome is defined as 'respiratory infection non-croup, non-bronchiolitis. Includes sore throat, cough, cold, ear infection, blocked ear, earache, etc.' This syndrome does not include influenza-like illness, which is 'fever, myalgia, undifferentiated flu.' \* Participating hospitals are RVH, OSMH, MAH (Bracebridge and Huntsville), GBGH, CGMH and SVMH; includes Simcoe Muskoka residents and visitors.

The above data is provided through Acute Care Enhanced Surveillance (ACES), an emergency department (ED) syndromic surveillance system managed by KFLA Public Health Informatics for participating Ontario hospitals. Seven hospitals participate in Simcoe Muskoka.

## Influenza Vaccine Match and Influenza Strains

The quadrivalent 2023-2024 egg-based influenza vaccine for the northern hemisphere contains the following strains:

- A/Darwin/6/2021 (H3N2)-like virus;
- A/Victoria/4897/2022 (H1N1)pdm09-like virus;
- B/Austria/1359417/2021 (B/Victoria lineage)-like virus; and
- B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

Table 3: Local, Provincial and National Matched and Mismatched Influenza Specimens and National Matched Percent, 2023-24 Season

| Influenza Strains  | Number of Specimens with Strain Characterization Results |        | National Match<br>Percent <sup>†</sup> |
|--|--|--------|--|
| Influenza A Vaccine Strains                              | Ontario  | Canada |  |
| Innuenza A vaccine Strains                               |  |        |  |
| Influenza A (H3N2)<br>A/Darwin/6/2021-like               | NR   | 9      | 14%                                    |
| Influenza A (H1N1)<br>A/Wisconsin/588/2019 pdm09-like    | NR   | 57     | 86%                                    |
| Influenza B Vaccine Strains                              |  |        |  |
| B/Austria/1359417/2021 (B/Victoria)-like                 | NR   | 4      | 100%                                   |
| B/Phuket/3073/2013 (B/Yamagata)-like (Quad vaccine only) | NR   | 0      | 0%                                     |

Data Source: Government of Canada, FluWatch Surveillance Report. Influenza Strain Characterization, extracted November 14, 2023.

Provincial and national counts are reported with one week lag and do not include the most recently completed surveillance week. Surveillance weeks can be found here.

† Non-vaccine match strains are not reported. Percent match is based on antigenically similar strains. Denominator = 66 (Flu A), 4 (Flu B).

NR = Not Reported

# COVID-19 2023/24 Vaccination Campaign

### Table 4: COVID-19 Vaccination Uptake among Simcoe Muskoka Residents

|  | Time                             | Period  |  |
|--|----------------------------------|---|--|
| Vaccination Indicator  | Cumulative<br>(Sept 17 – Nov 11) | Increase From Previous Week<br>(Nov 5 – Nov 11) |  |
| # of Doses Administered Inside Simcoe Muskoka Since Sentember 17, 2023 |                                  |   |  |

#### # of Doses Administered Inside Simcoe Muskoka Since September 17, 2023

| Any Health Canada Approved |        |        |
|----------------------------|--------|--------|
| COVID-19 Vaccine           | 53,768 | 13,449 |

#### # (%) of the Simcoe Muskoka Population with a Dose of COVID-19 Vaccine Since September 17, 2023

| All Ages | 52,552 (8.3%)  | 13,236 (2.1%) |
|----------|----------------|---------------|
| <5       | 115 (0.4%)     | 24 (0.1%)     |
| 5-17     | 696 (0.8%)     | 318 (0.4%)    |
| 18-64    | 16,030 (4.1%)  | 4,647 (1.2%)  |
| 65+      | 35,711 (27.4%) | 8,247 (6.3%)  |

Data Source: COVaxON, IntelliHEALTH ONTARIO, extracted by SMDHU on: November 14, 2023. 2022 population estimates from Statistics Canada (Table: 17-10-0139-01, downloaded January 30, 2023) were used as the denominators for the coverage rates.

Health Canada approved COVID-19 vaccine doses administered inside of Simcoe Muskoka on or after September 17, 2023. This includes vaccine doses administered through all channels (e.g., health unit, pharmacy, physician offices, etc.) and to all individuals regardless of residential address.

Number (and per cent) of the Simcoe Muskoka population receiving a dose of Health Canada approved COVID-19 vaccine on or after September 17, 2023. This includes all individuals with a residential address inside of Simcoe Muskoka, regardless of where the dose was administered.

COVID-19 vaccine doses include all products approved by Health Canada. For the full list of approved vaccines visit: https://www.canada.ca/en/healthcanada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html

Cumulative period runs from September 17, 2023, onward. Weeks are based on a Sunday to Saturday basis. Data is limited to complete weeks for comparability.

## **Technical Notes**

#### **Definitions**

<u>Influenza vaccine match:</u> Of influenza specimens submitted to the National Microbiology Lab, the proportion that are antigenically or genetically similar to one of the four flu components in the current season's influenza vaccine for the Northern Hemisphere.

<u>Percent positivity</u>: The number of positive influenza or COVID-19 cases divided by the number of specimens tested. For influenza this is limited to specimens tested at Public Health Ontario Labs. For COVID-19, it is limited to PCR testing.

<u>Reported activity level</u>: The level of influenza activity that is reported to Public Health Ontario by Simcoe Muskoka, based on influenza cases and outbreaks. Definitions available <u>here</u>.

<u>Reported community risk level</u>: The level of COVID-19 risk based on the Simcoe Muskoka <u>COVID-19 Community Risk Level</u>.

<u>Surveillance week</u>: The week number corresponding to the week of the year, running Sunday to Saturday, inclusive, for reporting influenza activity. January 1 always falls within week 1. A list of the current season's surveillance weeks can be found here.

#### Limitations

Case Reporting: Sporadic cases do not accurately describe all cases of influenza and/or COVID-19, as cases reported are skewed towards individuals more likely to seek medical care and be tested. Cases are reported based on where an individual normally lives which may not match where they acquired the illness.

**Data Comparison:** The indicators used in this report are different from those presented in the <u>COVID-19 Community Risk Level</u> and cannot be directly compared. Differences may be due to data reporting lag and/or indicator definitions.

**Timeliness:** Provincial data are lagged by one week compared to all other data presented in this update due to data availability. The number of cases and/or outbreaks and percent positivity reported for a given surveillance week may change as more information becomes available.

## **Week 44 Provincial Summary**

For the 2023-2024 surveillance season to week 44:

*Influenza:* 380 laboratory-confirmed influenza cases have been reported across Ontario, 74 (19%) of which were reported in week 44. Among cumulative cases, 88.2% (335/380) are influenza A. Of the 86 reported influenza A cases with subtype information available, 22% (19/86) were H3 and 78% (67/86) were (H1N1)pdm09.

**COVID-19:** 26,866 laboratory-confirmed COVID-19 cases have been reported across Ontario, 3,145 of which were reported in week 44.

Sources: Public Health Ontario's Ontario Respiratory Virus Tool, Surveillance Week 44, extracted November 14, 2023.

Click here to access Public Health Ontario's Ontario Respiratory Virus Tool

## **Additional Resources**

#### Simcoe Muskoka

- Influenza Fact Sheet and HealthSTATS page
- COVID-19 <u>General Information</u>, <u>Community Risk Level</u>

#### **Provincial**

- Integrated Respiratory Virus Risk Indicators
- COVID-19 Wastewater Surveillance in Ontario

#### **National**

- Public Health Agency of Canada <u>FluWatch</u>, <u>Respiratory Virus Report</u>
- Public Health Agency of Canada <u>COVID-19: Current</u> <u>situation</u>

#### **International Resources**

• WHO – Influenza (Seasonal) and COVID-19 Fact Sheets