



# Week 39: September 24 to September 30, 2023

## Week in Review:

2023-24

SEASON

Influenza Assessment*	COVID-19 Assessment*	Interpretation
Similar	Higher	<ul> <li>For week 39:</li> <li>Influenza: 3; COVID-19: 116</li> <li>For the previous week (week 38):</li> <li>Influenza 3; COVID-19: 84</li> </ul>
Similar <sup>†</sup>	Similar	Simcoe Muskoka: • Flu A <sup>†</sup> (6.5%); Flu B <sup>†</sup> (0.0%), COVID-19: (16.7%) Ontario: • Flu A <sup>†</sup> (0.3%); Flu B <sup>†</sup> (0.1%), COVID-19: (17.4%)
Lower	Similar	<ul> <li>Institutional outbreaks declared in week 39:</li> <li>Influenza: 0 (season to date: 1)</li> <li>COVID-19: 4 (season to date: 18)</li> <li>RSV: 0 (season to date: 0)</li> </ul>
Similar	Similar	Influenza Activity Level: Localized 3 flu A and 0 flu B cases reported this week COVID-19 Community Risk <sup>†</sup> : Moderate COVID-19 case counts are higher this week
	Assessment* Similar Similar <sup>†</sup> Lower	Assessment*Assessment*SimilarHigherSimilar†SimilarLowerSimilar

Predominant^ Circulating Respiratory Viruses: COVID-19, Enterovirus/rhinovirus

Local Emergency Department Respiratory Visits	Similar	Percentage of visits is similar compared to previous week and lower compared to same week in 2022-23
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**Notes:** Reported influenza activity level is based on activity levels as per <u>Influenza activity reporting in the Ontario Surveillance Package</u>. COVID-19 Risk level is based on the risk level from the <u>Simcoe Muskoka Community Risk Level</u>. Additional definitions are available <u>here</u>. NA = Not Available

\* Compared to previous surveillance week. Assessment of percent positivity for influenza and COVID-19 is based on provincial numbers due to small numbers.

† Reported for week 38

^ Predominant is defined as any virus where provincial percent positivity is >10% as reported through <u>PHO's Ontario Respiratory Virus Tool - Summary - Overall Respiratory</u> virus activity

## Weekly Reported Cases

**Influenza:** In Simcoe Muskoka, there have been **9 lab-confirmed influenza cases reported** as of 4 October 2023; **3 (33%) of which were reported in week 39** – this is similar when compared to week 38.

Of the 8 reported influenza A cases, six have been subtyped:

- 0/6 (0%) are influenza A, H3 strain
- 6/6 (100%) are influenza A, H1N1 pdm09

**COVID-19:** In Simcoe Muskoka, there have been **116 lab-confirmed COVID-19 cases reported** in week 39 – this was higher when compared to week 38.

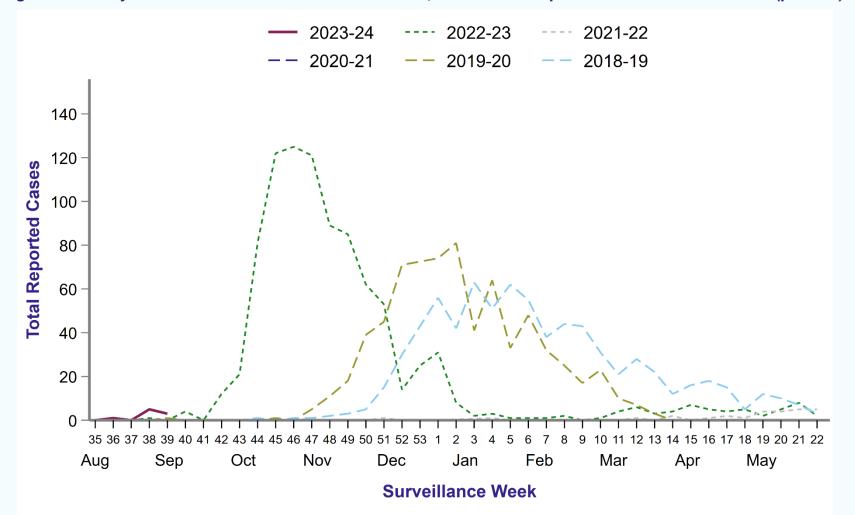
#### Table 1: Summary of Influenza and COVID-19 Cases, Simcoe Muskoka, 2023-24 Season

Lab-confirmed Cases	Week 39	Season-to-Date	
Influenza	3	9	
Influenza A	3 (100%)	8 (89%)	
Influenza B	0 (0%)	1 (11%)	
Influenza A & B	0 (0%)	0 (0%)	
COVID-19	116	414	
Data source: Case and Contact Management (CCM) System and Integrated Public Health Information System (iPHIS), extracted on October 04, 2023.			

**Notes:** Season-to-Date includes cases reported from the Sunday of the week in which September 1, 2023 falls (i.e., August 27, 2023 onwards).

## **Historical Trends – Influenza**

Figure 1: Weekly Influenza<sup>^</sup> Counts in Simcoe Muskoka<sup>\*</sup>, Historical Comparison 2018-2019 to 2023-24 (present)



Data Source: Integrated Public Health Information System (iPHIS), extracted on 4 Oct 2023

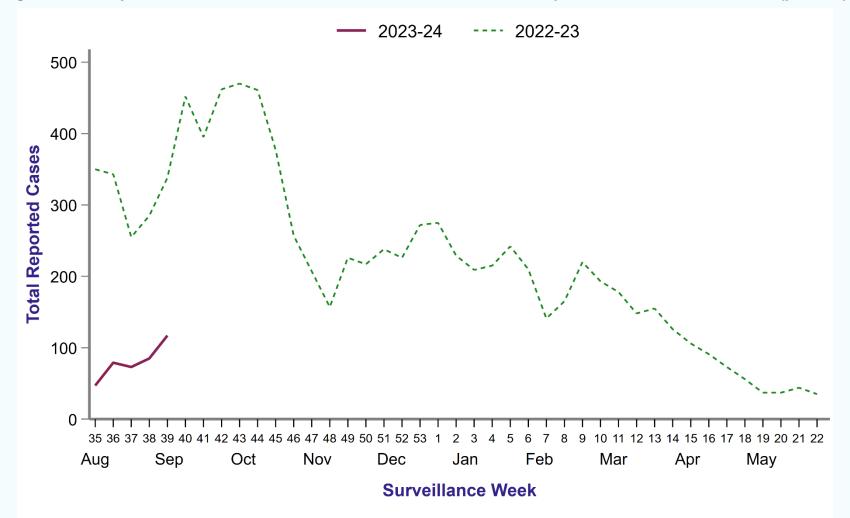
^Includes confirmed cases of influenza in Simcoe Muskoka residents.

\*Case counts are based on reported date. Reported date is on average 7-10 days after onset date.

For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2023-24 respiratory season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

## **Historical Trends – COVID-19**

Figure 2: Weekly COVID-19<sup>^</sup> Counts in Simcoe Muskoka<sup>\*</sup>, Historical Comparison 2022-2023 to 2023-24 (present)



Data Source: Case and Contact Management (CCM) System), extracted on 4 Oct 2023

^Includes confirmed cases of COVID-19 in Simcoe Muskoka residents.

\*Case counts are based on reported date. Reported date is on average 7-10 days after onset date.

For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2023-24 respiratory season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

# **Percent Positivity**

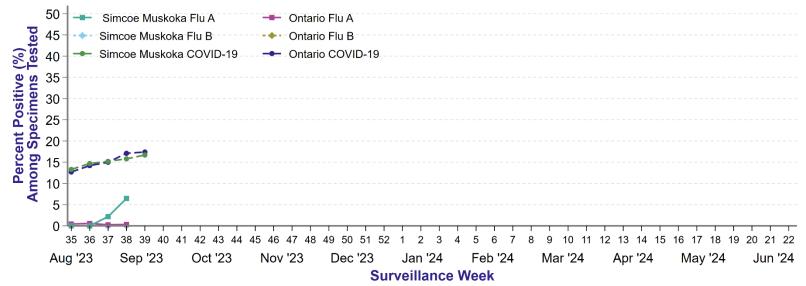
For week 38, the percentage of specimens that are positive (<u>percent positivity</u>) for **Influenza A is similar** compared to the previous week provincially. For week 39, provincial percent positivity for **COVID-19 is similar** compared to the previous week.

#### Table 2: Percent Positivity for Influenza (week 38) and COVID-19 (week 39), Simcoe Muskoka and Ontario

Region	Influenza A*	Influenza B*	COVID-19
Simcoe Muskoka	6.5%	0.0%	16.7%
Ontario	0.3%	0.1%	17.1%

Data source: Public Health Ontario's Ontario Respiratory Virus Tool, extracted on October 04, 2023. Summarized data from Ontario Lab Information System (OLIS) COVID-19 test data from Ministry of Health SAS Visual Analytics COVID-19 Testing Report, extracted on October 4, 2023 Note: \*Influenza percent positivity is reported with a one week lag and does not include week 39. COVID-19 percent positivity is reported for week 39; provincial data is incomplete and should be interpreted with caution.

#### Figure 3: Percent Positivity, Influenza A & B, COVID-19, Simcoe Muskoka & Ontario, 2023-24 Season



Data Source: Public Health Ontario Respiratory Pathogen Bulletin, extracted on 4 Oct 2023. Ministry of Health. 2020. Ontario Lab Information System (OLIS) COVID-19 test data from Ministry of Health SAS Visual Analytics COVID-19 Testing Report, extracted on 29 Sep 2023.

\* Flu A and B specimens only include those tested at public health laboratories in Ontario. COVID-19 specimens are limited to those undergoing PCR testing. Note: Simcoe Muskoka percent positivity, particularly for influenza, is based on small numbers of positive tests and should be interpreted with caution. Influenza data in this figure are reported with one week lag and do not include the most recently completed surveillance week. COVID-19 data may be incomplete.

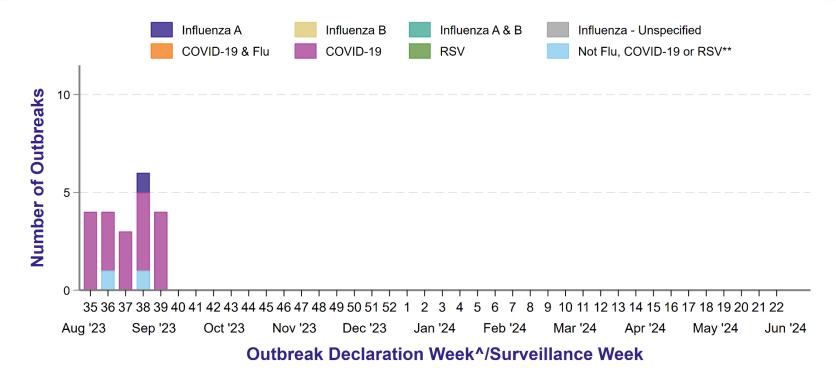
# **Institutional Respiratory Outbreaks**

Since September 1, 2023, there have been 21 lab-confirmed institutional respiratory outbreaks in Simcoe Muskoka:

Total Influenza:	1 outbreak	COVID-19:	18 outbreaks
Influenza A:	1 outbreak	COVID & Influenza:	0 outbreaks
Influenza B:	0 outbreaks	Respiratory Syncytial Virus (RSV):	0 outbreaks
		Other or Unknown Respiratory Pathogen:	2 outbreaks

Note: Total number of outbreaks by pathogen above may not equal total respiratory outbreaks, as outbreaks with multiple pathogens are counted under each pathogen. Combined COVID-19 and influenza outbreaks are included in the influenza, COVID-19 and combined COVID-19 and Flu categories reported above.

#### Figure 4: Institutional Outbreaks by Respiratory Pathogen, Simcoe Muskoka, 2023-24 Season



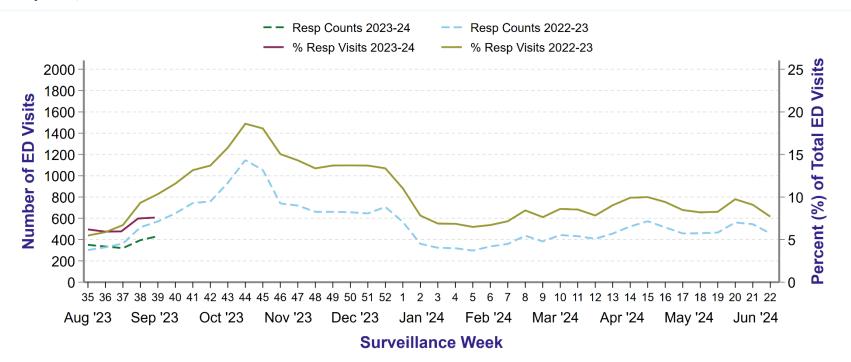
Data Source: Integrated Public Health Information System (iPHIS) & Public Health Case and Contact Management Solution (CCM) extracted by SMDHU on 4 Oct 2023.

\* Confirmed outbreaks only. Institutions can include acute care facilities, long-term care homes, retirement homes, corrections facilities and childcare facilities. \*\*Includes outbreaks where a respiratory pathogen other than influenza, COVID-19 or RSV is identified, or no pathogen was identified. ^Week declared is the week (Sun-Sat) in which the outbreak became a confirmed outbreak.

## **Local Emergency Department Visits**

Emergency department (ED) visits for respiratory syndrome in Simcoe Muskoka accounted for **7.6% of visits in week 39.** This is **similar** when compared to week 38, and lower when compared to the same time in the 2022-23 season.

#### *Figure 5: Emergency Department Visits for Respiratory Syndrome at Participating Simcoe Muskoka Hospitals, 2022-23 and 2023-24 Seasons*



Data Source: Acute Care Enhanced Surveillance (ACES) System, extracted on 4 Oct 2023

^ Respiratory syndrome is defined as 'respiratory infection non-croup, non-bronchiolitis. Includes sore throat, cough, cold, ear infection, blocked ear, earache, etc.' This syndrome does not include influenza-like illness, which is 'fever, myalgia, undifferentiated flu.'

\* Participating hospitals are RVH, OSMH, MAH (Bracebridge and Huntsville), GBGH, CGMH and SVMH; includes Simcoe Muskoka residents and visitors.

The above data is provided through Acute Care Enhanced Surveillance (ACES), an emergency department (ED) syndromic surveillance system managed by <u>KFLA Public Health Informatics</u> for participating Ontario hospitals. Seven hospitals participate in Simcoe Muskoka.

# **Influenza Vaccine Match and Influenza Strains**

The quadrivalent 2023-2024 egg-based influenza vaccine for the northern hemisphere contains the following strains:

- A/Darwin/6/2021 (H3N2)-like virus;
- A/Victoria/4897/2022 (H1N1)pdm09-like virus;
- B/Austria/1359417/2021 (B/Victoria lineage)-like virus; and
- B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

# Table 3: Local, Provincial and National Matched and Mismatched Influenza Specimens and National Match Percent, 2023-24 Season

Influenza Strains	Number of Specimens with Strain Characterization Results		National Match
innuenza Strains	Ontario	Canada	Percent <sup>†</sup>
Influenza A Vaccine Strains			
Influenza A (H3N2) A/Darwin/6/2021-like	NR	NR	NR
Influenza A (H1N1) A/Wisconsin/588/2019 pdm09-like	NR	NR	NR
Influenza B Vaccine Strains			
B/Austria/1359417/2021 (B/Victoria)-like	NR	NR	NR
B/Phuket/3073/2013 (B/Yamagata)-like (Quad vaccine only)	NR	NR	NR
Data Source: Government of Canada, EluWatch Surveillance Report, Influenza Strain Characterization, extracted October 4, 2023			

Data Source: Government of Canada, FluWatch Surveillance Report. Influenza Strain Characterization, extracted October 4, 2023.

Provincial and national counts are reported with one week lag and do not include the most recently completed surveillance week. Surveillance weeks can be found <u>here</u>.

† Non-vaccine match strains are not reported. Percent match is based on antigenically similar strains. Denominator = NR (Flu A), NR (Flu B).

NR = Not Reported

# COVID-19 2023/24 Vaccination Campaign

Table 4: COVID-19 Vaccination Uptake among Simcoe Muskoka Residents

**Coming Soon!** 

# **Technical Notes**

## **Definitions**

<u>Influenza vaccine match</u>: Of influenza specimens submitted to the National Microbiology Lab, the proportion that are antigenically or genetically similar to one of the four flu components in the current season's influenza vaccine for the Northern Hemisphere.

<u>Percent positivity</u>: The number of positive influenza or COVID-19 cases divided by the number of specimens tested. For influenza this is limited to specimens tested at Public Health Ontario Labs. For COVID-19, it is limited to PCR testing.

<u>Reported activity level</u>: The level of influenza activity that is reported to Public Health Ontario by Simcoe Muskoka, based on influenza cases and outbreaks. Definitions available <u>here</u>.

<u>Reported community risk level</u>: The level of COVID-19 risk based on the Simcoe Muskoka <u>COVID-19 Community Risk Level</u>.

<u>Surveillance week</u>: The week number corresponding to the week of the year, running Sunday to Saturday, inclusive, for reporting influenza activity. January 1 always falls within week 1. A list of the current season's surveillance weeks can be found <u>here</u>.

## Limitations

**Case Reporting:** Sporadic cases do not accurately describe all cases of influenza and/or COVID-19, as cases reported are skewed towards individuals more likely to seek medical care and be tested. Cases are reported based on where an individual normally lives which may not match where they acquired the illness.

**Data Comparison:** The indicators used in this report are different from those presented in the <u>COVID-19 Community Risk Level</u> and cannot be directly compared. Differences may be due to data reporting lag and/or indicator definitions.

**Timeliness:** Provincial data are lagged by one week compared to all other data presented in this update due to data availability. The number of cases and/or outbreaks and percent positivity reported for a given surveillance week may change as more information becomes available.

# Week 38 Provincial Summary

For the 2023-2024 surveillance season to week 38:

**Influenza:** 118 laboratory-confirmed influenza cases have been reported across Ontario, 32 (27%) of which were reported in week 38. Among cumulative cases, 84.7% (100/118) are influenza A. Of the 40 reported influenza A cases with subtype information available, 50% (20/40) were H3 and 50% (20/40) were (H1N1)pdm09.

**COVID-19:** 8,510 laboratory-confirmed COVID-19 cases have been reported across Ontario, 2,801 of which were reported in week 38.

Sources: Public Health Ontario's <u>Ontario Respiratory Virus Tool</u>, Surveillance Week 38, extracted October 4, 2023.

Click here to access Public Health Ontario's Ontario Respiratory Virus Tool

# **Additional Resources**

#### Simcoe Muskoka

- Influenza Fact Sheet and HealthSTATS page
- COVID-19 General Information, Community Risk Level

#### **Provincial**

- Integrated Respiratory Virus Risk Indicators
- <u>COVID-19 Wastewater Surveillance in Ontario</u>

### National

- Public Health Agency of Canada <u>FluWatch</u>, <u>Respiratory</u> <u>Virus Report</u>
- Public Health Agency of Canada <u>COVID-19: Current</u> situation

### **International Resources**

• WHO – Influenza (Seasonal) and COVID-19 Fact Sheets