Weekly Influenza News



Week 1: December 29, 2019 to January 4, 2020

Week in Review:

Influenza Activity Indicator	Assessment of Indicator*	Interpretation	
	Similar	73 local lab-confirmed case reported in week 1; 72 cases reported in week 52	
	Higher	Simcoe Muskoka - flu A: 26.9%; flu B: 5.8% Ontario - flu A: 16.9%; flu B: 2.6%	
	Higher	Eight influenza outbreaks reported for the 2019-20 season to date.	
Local Emergency Department respiratory visits: week 1	Similar	Percentage of visits is similar compared to previous week and similar to same period for the 2018-19 season.	
Week 1 Overall Assessment December 29, 2019 to January 4, 2020		Reported Activity Level: Localized	
	Higher	54 cases of Flu A reported in SMDHU 19 cases of Flu B reported in SMDHU	

Predominant Influenza Strains: Flu A(H3 & H1N1); Flu B

Notes: Reported activity level is based on the weekly submissions to Public Health Ontario. Definition available here.

*Compared to previous surveillance week; based on provincial percent positivity

† Reported for week 52

Reported Local Influenza Cases

In Simcoe Muskoka, there has been **297 lab-confirmed influenza cases reported** as of 7 January 2020 - 73 cases (25%) of influenza were reported in week 1.

Of the 136 reported influenza A cases, 33 have been subtyped:

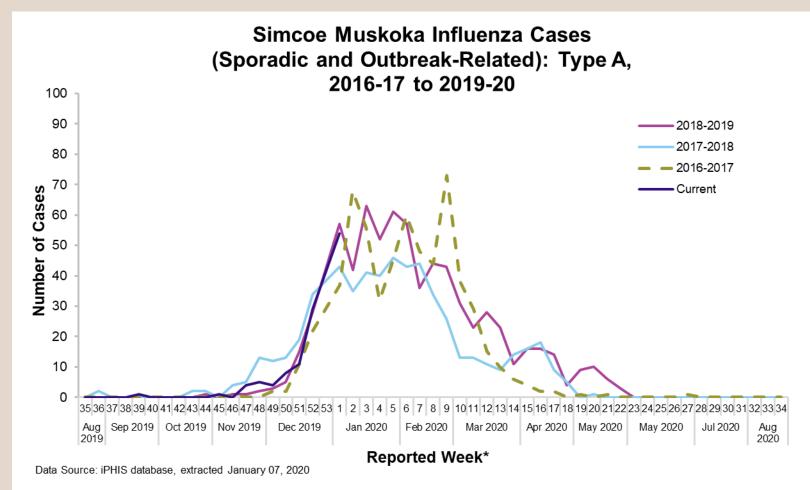
- 17/33 (52%) are influenza A, H3 strain
- 16/33 (48%) are influenza A, H1 strain/ H1N1 pdm09.

Lab-confirmed Influenza Cases	Week 1		Season-to-Date			
	N	%	N	%		
Influenza A	54	74%	138	46%		
Influenza B	19	26%	159	54%		
Influenza A & B	0	0%	0	0%		
Total	73	100%	297	100%		
Notes: Data source: Communicable Disease Intake Database, extracted on January 7, 2020.						

Table 1: Summary of influenza cases for 2019-20 season

Historical Comparison

Figure 1: Reported Influenza Cases, Type A, Current Influenza Season with Historical Comparison, Simcoe Muskoka



*Case counts are based on reported date. Reported date is on average 7-10 days after onset date. For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2018-19 influenza season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

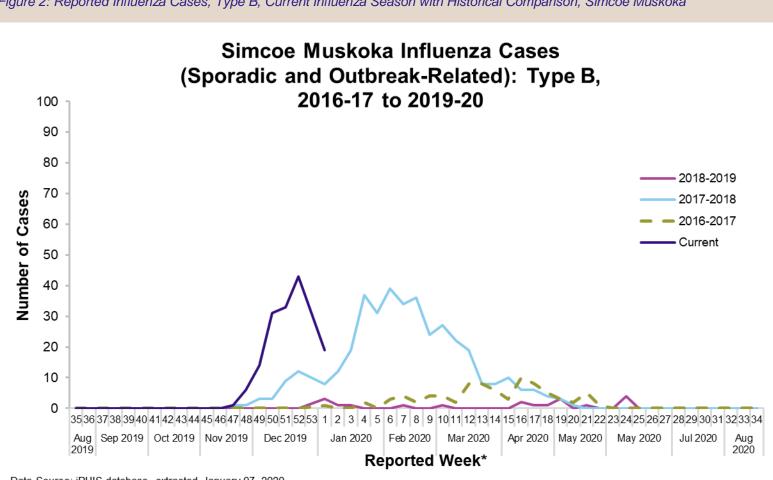


Figure 2: Reported Influenza Cases, Type B, Current Influenza Season with Historical Comparison, Simcoe Muskoka

Data Source: iPHIS database, extracted January 07, 2020

*Case counts are based on reported date. Reported date is on average 7-10 days after onset date.

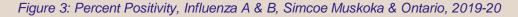
For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2018-19 influenza season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

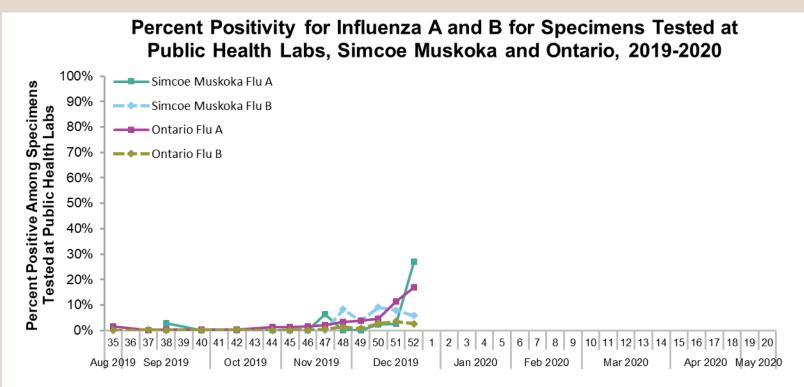
Percent positivity

Note: Percent positivity is reported with one week lag and does not include week 1.

The percentage of flu specimens that are positive (percent positivity) for Influenza A and Influenza B in increasing to seasonal levels. The provincial percent positivity for influenza A in week 52 was reported at 16.9%, which is higher when compared to week 51. Influenza B percent positivity was reported at 2.6% for week 50.

Locally for week 52, percent positivity for influenza A was reported at 26.9%, while influenza B was 5.8%.





Specimen Submission Surveillance Week by Month

Data Source: Public Health Ontario. Laboratory-Based Respiratory Pathogen Surveillance Report, extracted January 07, 2020

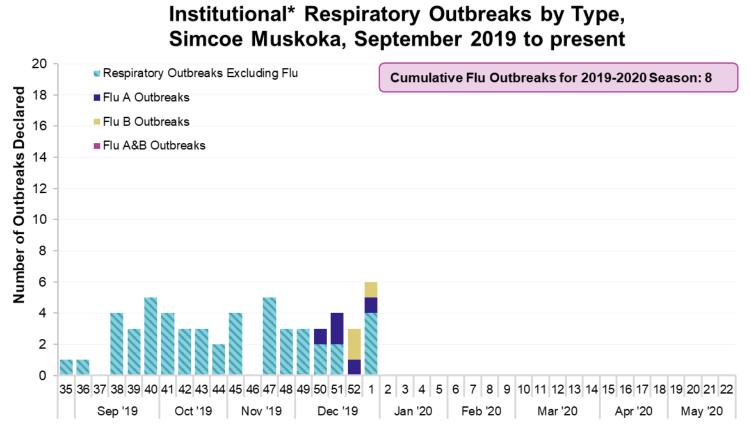
* Simcoe Muskoka percent positivity is based on relatively small numbers of positive tests and should be interpreted with caution. Data in this figure are reported with one week lag and do not include the most recently completed surveillance week.

Institutional Respiratory Outbreaks

There has been eight *lab-confirmed institutional flu outbreaks* in Simcoe Muskoka since September 1, 2019.

- Influenza A: 5 outbreaks
- Influenza B: 3 outbreak

Figure 4: Institutional Outbreaks by Respiratory Pathogen, Simcoe Muskoka, 2019-20



Outbreak Declaration Date/Surveillance Week

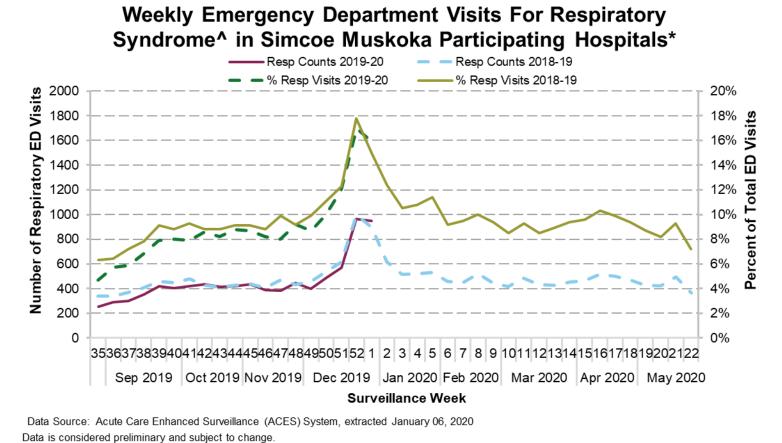
Data Source: SMDHU Outbreak Log, 2018-19, extracted January 07, 2020.

* Confirmed outbreaks. Institutions can include acute care facilities, long term care facilities, retirement homes and child care facilities.

Local Emergency Department Visits

Emergency department visits for respiratory syndrome in Simcoe Muskoka accounted for 15.9% of visits in week 1. This is similar when compared to week 52, and similar when compared to the same point in the 2018-19 season.

Figure 5: Emergency Department Visits for Respiratory Syndrome at Participating Simcoe Muskoka Hospitals, 2018-19, 2019-20 Seasons



[^] Respiratory syndrome is defined as "respiratory infection non croup, non bronchiolitis. Includes sore throat, cough, cold, ear infection, blocked ear, earache etc". This syndrome does not include influenza-like illness, which is "fever, myalgia, undifferentiated flu".

*Participating hospitals are: RVH, OSMH, MAH (Bracebridge and Huntsville), GBGH and CGMH. Includes Simcoe Muskoka residents and visitors.

The above data is provided through Acute Care Enhanced Surveillance (ACES), an emergency department (ED) syndromic surveillance system managed by <u>KFLA Public Health Informatics</u> for participating Ontario hospitals. Six hospitals participate in Simcoe Muskoka.

Vaccine Match and Influenza Strains

The trivalent 2019-2020 influenza vaccine for the northern hemisphere contains the following strains:

- A/Kansas/14/2017(H3N2)-like;
- A/Brisbane/02/2018(H1N1)pdm09-like; and
- B/Colorado/06/2017-like virus (B/Victoria/2/87 lineage).

Table 2: Local, Provincial and National Matched and Mismatched Flu Specimens and National Match Percent, 2019-20

Influenza Strains	Number of Specimens with Strain Characterization Results		National Match	
	Ontario	Canada	Percent [†]	
Influenza A Vaccine Strains				
Influenza A (H3N2) A/Kansas/14/2017(H3N2)-like	8	20	16%	
Influenza A (H1N1) A/Brisbane/02/2018(H1N1)pdm09-like	22	45	37%	
Influenza B Vaccine Strains				
B/Colorado/06/2017-like	12	36	100%	
B/Phuket/3073/2013-like virus (Quad vaccine only)	0	0	0%	

Data Source: Public Health Ontario. Laboratory-Based Respiratory Pathogen Surveillance Report – Week 52

Provincial and national counts are reported with one week lag and do not include the most recently completed surveillance week. Surveillance weeks can be found here (pg 9).

† Non-vaccine match strains are not reported. Match percent is calculated based on total isolates characterized for each of flu A and flu B. Match percent is based primarily on antigenically similar strains. Antigenic similarity may not be reflective of influenza vaccine effectiveness.

Technical Notes

Definitions

<u>Percentage positivity</u>: the number of positive flu cases divided by the number of specimens tested at Public Health Ontario Labs

<u>Reported activity level</u>: the level of influenza activity that is reported to Public Health Ontario by Simcoe Muskoka, based on influenza cases and outbreaks. Definitions available <u>here</u> (pg 9).

<u>Surveillance week</u>: The week number corresponding to the week of year, running Sunday to Saturday, inclusive, for reporting influenza activity. January 1 always falls within week 1. A list of the current season's surveillance weeks can be found <u>here</u>.

Limitations

Timeliness:

The provincial data are from one week previous because that is the most recent data available.

The hospital data, local counts of influenza, and outbreaks are current to date.

The number of cases listed in a given surveillance week may change as more information becomes available

Case-Follow-up and iPHIS Data Entry:

While Public Health Ontario only requires case information as provided by the laboratory report, the health unit investigates all outbreak cases, as information is available, in order to provide a more accurate local picture of adverse outcomes and subtyping.

Case Reporting:

Sporadic cases do not accurately describe all cases of influenza as those cases reported are skewed towards individuals more likely to seek medical care and be tested (e.g. young, elderly and immunocompromised).

Additional Resources

Simcoe Muskoka

- Influenza Fact Sheet
- Influenza HealthSTATS page

Provincial

- Ontario Respiratory Pathogen Bulletin
- Public Health Ontario Laboratory Respiratory Pathogen
 Surveillance Reports
- ILI Mapper

Week 52 Provincial Summary: For the 2019-2020 surveillance season to week 52, 2008 laboratory-confirmed influenza cases have been reported across Ontario, 751 (37.4%) of which were reported in week 52. Among cumulative cases, 76.0% (1527/2008) were influenza A.

(Source: Public Health Ontario Respiratory Pathogen Bulletin, Surveillance Week 52, extracted January 7, 2020)

National

• Public Health Agency of Canada FluWatch

International Resources

• WHO Global Influenza Surveillance and Response System