Weekly Influenza News



Week 16: April 12 to April 18, 2020

Week in Review:

Influenza Activity Indicator	Assessment of Indicator*	Interpretation	
	Similar	0 local lab-confirmed case reported in week 16; 0 cases reported in week 15	
	Data not available	Simcoe Muskoka - Data not available Ontario - Data not available	
	Similar	17 influenza outbreaks reported for the 2019-20 season to date.	
Local Emergency Department respiratory visits: week 16	Lower	Percentage of visits is lower compared to previous week and lower compared to the same period for the 2018-19 season.	
Week 16 Overall Assessment April 12 to April 18, 2020		Reported Activity Level: No Activity	
	Similar	0 cases of Flu A reported in SMDHU 0 cases of Flu B reported in SMDHU	
Predominant Influenza Strains: Flu A(H1)	N1)		

Notes: Reported activity level is based on the weekly submissions to Public Health Ontario. Definition available here.

*Compared to previous surveillance week; based on provincial percent positivity

† Reported for week 11

Reported Local Influenza Cases

In Simcoe Muskoka, there have been **658 lab-confirmed influenza cases reported** as of 21 April 2020 - 0 cases (0%) of influenza were reported in week 16.

Of the 412 reported influenza A cases, 108 have been subtyped:

- 23/108 (21%) are influenza A, H3 strain
- 85/108 (79%) are influenza A, H1 strain/ H1N1 pdm09.

Table 1: Summary of influenza cases for 2019-20 season

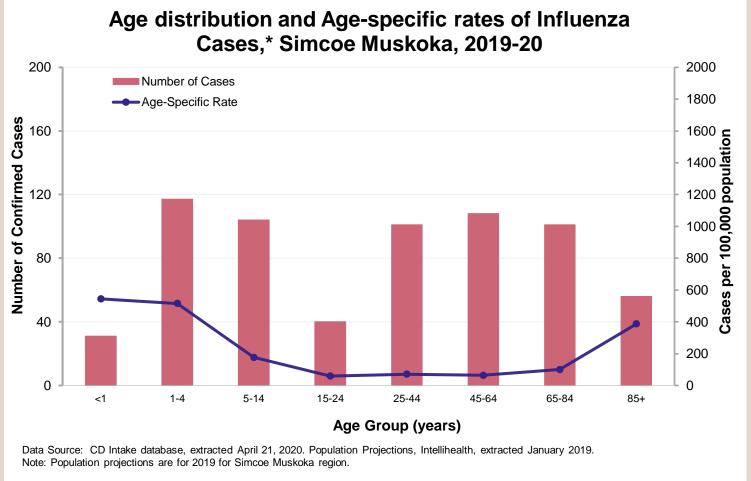
Lab-confirmed Influenza Cases	Week 16		Season-to-Date		
	N	%	N	%	
Influenza A	0	0%	412	63%	
Influenza B	0	0%	246	37%	
Influenza A & B	0	0%	0	0%	
Total	0	100%	658	100%	
Notes: Data source: Communicable Disease Intake Database, extracted on April 21, 2020.					

Age Distribution

For the season-to-date, the majority of cases (76%) have been reported in individuals under the age of 65 years, with the highest age-specific rates being seen in children under the age of 5 years. 38% of cases have been in those under the age of 15 years. Nearly one quarter (24%) of cases have been reported in individuals aged 65 and older.

Median age of reported flu cases: 31 years

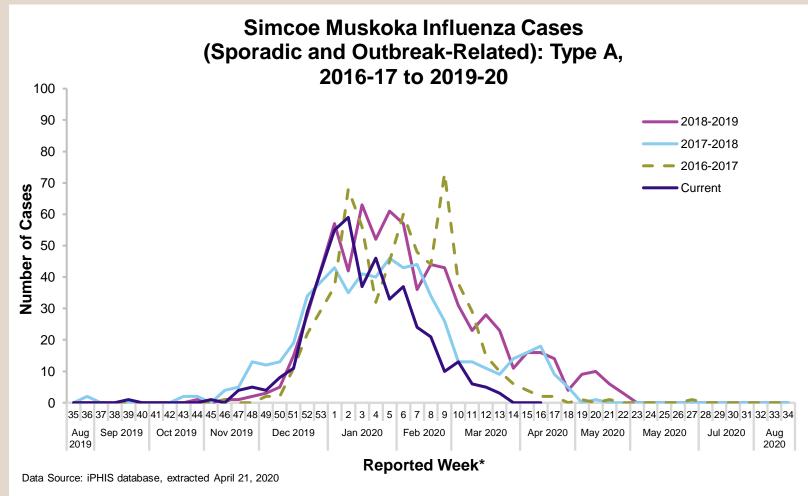
Figure 1: Number and Age-specific Rate of Influenza Cases by Age Group, Simcoe Muskoka, September 2019 to present



* Confirmed Cases

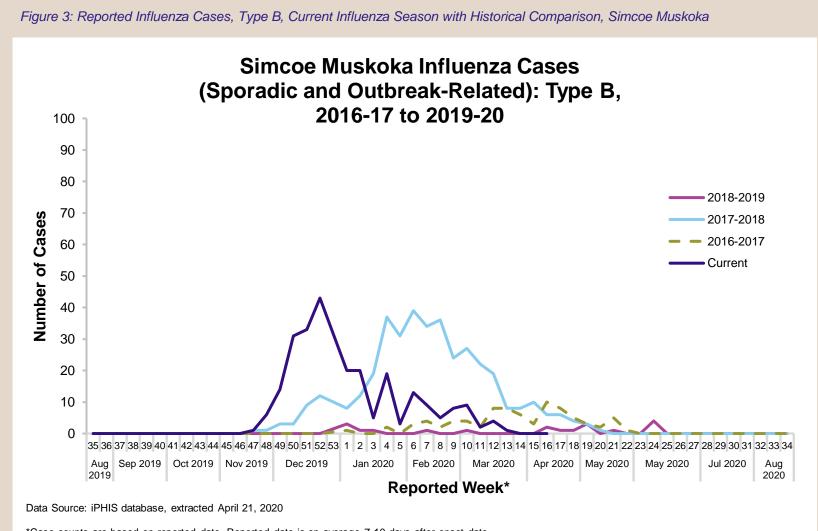
Historical Comparison

Figure 2: Reported Influenza Cases, Type A, Current Influenza Season with Historical Comparison, Simcoe Muskoka



*Case counts are based on reported date. Reported date is on average 7-10 days after onset date.

For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2018-19 influenza season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

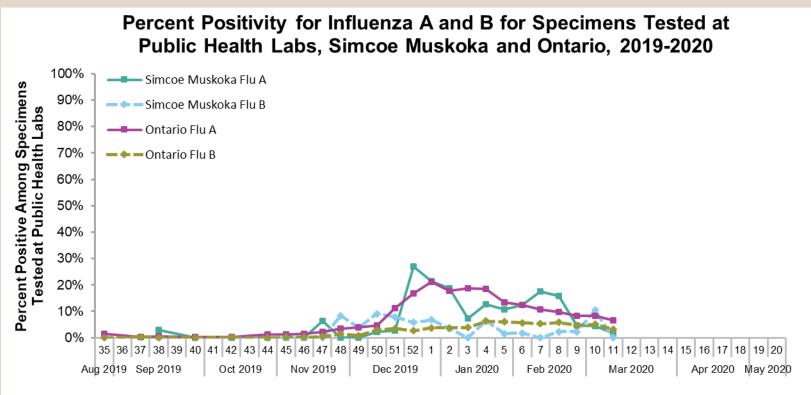


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Percent positivity

Percent positivity data are not available for weeks 12 to 16. The graph below is current to week 11.





Specimen Submission Surveillance Week by Month

Data Source: Public Health Ontario. Laboratory-Based Respiratory Pathogen Surveillance Report, extracted April 01, 2020

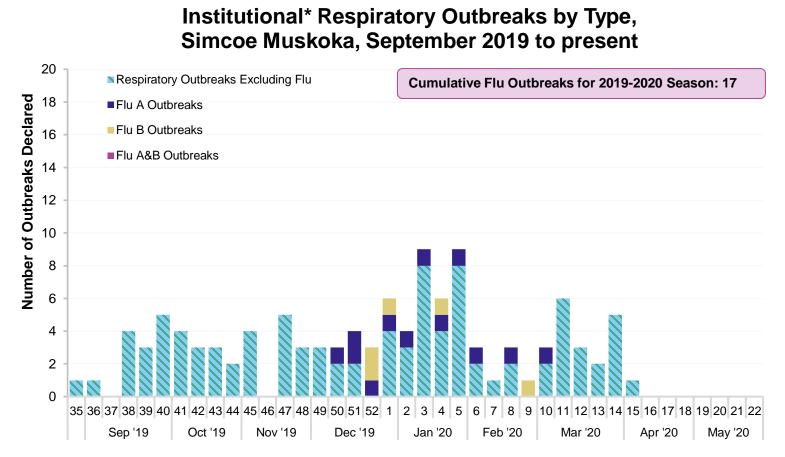
* Simcoe Muskoka percent positivity is based on relatively small numbers of positive tests and should be interpreted with caution. Data in this figure are reported with one week lag and do not include the most recently completed surveillance week.

Institutional Respiratory Outbreaks

There have been 17 lab-confirmed institutional flu outbreaks in Simcoe Muskoka since September 1, 2019.

- Influenza A: 12 outbreaks
- Influenza B: 5 outbreaks

Figure 5: Institutional Outbreaks by Respiratory Pathogen, Simcoe Muskoka, 2019-20



Outbreak Declaration Date/Surveillance Week

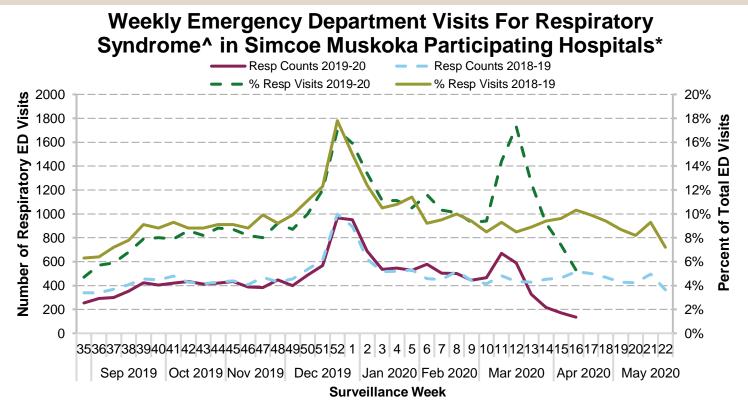
Data Source: SMDHU Outbreak Log, 2019-20, extracted April 21, 2020.

* Confirmed outbreaks. Institutions can include acute care facilities, long term care facilities, retirement homes and child care facilities.

Local Emergency Department Visits

Emergency department visits for respiratory syndrome in Simcoe Muskoka accounted for 5.3% of visits in week 16. This is lower when compared to week 15, and lower when compared to the same point in the 2018-19 season. The increase in March was related to individuals seeking care for COVID-19. COVID Assessment centres have diverted many people with respiratory symptoms from the ED in recent weeks.

Figure 6: Emergency Department Visits for Respiratory Syndrome at Participating Simcoe Muskoka Hospitals, 2018-19, 2019-20 Seasons



Data Source: Acute Care Enhanced Surveillance (ACES) System, extracted April 20, 2020

Data is considered preliminary and subject to change.

^ Respiratory syndrome is defined as "respiratory infection non croup, non bronchiolitis. Includes sore throat, cough, cold, ear infection, blocked ear, earache etc". This syndrome does not include influenza-like illness, which is "fever, myalgia, undifferentiated flu".

*Participating hospitals are: RVH, OSMH, MAH (Bracebridge and Huntsville), GBGH and CGMH. Includes Simcoe Muskoka residents and visitors.

The above data is provided through Acute Care Enhanced Surveillance (ACES), an emergency department (ED) syndromic surveillance system managed by <u>KFLA Public Health Informatics</u> for participating Ontario hospitals. Six hospitals participate in Simcoe Muskoka.

Vaccine Match and Influenza Strains

The trivalent 2019-2020 influenza vaccine for the northern hemisphere contains the following strains:

- A/Kansas/14/2017(H3N2)-like;
- A/Brisbane/02/2018(H1N1)pdm09-like; and
- B/Colorado/06/2017-like virus (B/Victoria/2/87 lineage).

Table 2: Local, Provincial and National Matched and Mismatched Flu Specimens and National Match Percent, 2019-20

Influenza Strains	Number of Specimens with Strain Characterization Results		National Match	
	Ontario	Canada	Percent [†]	
Influenza A Vaccine Strains				
Influenza A (H3N2) A/Kansas/14/2017(H3N2)-like	25	86	10.5%	
Influenza A (H1N1) A/Brisbane/02/2018(H1N1)pdm09-like	339	614	74.7%	
Influenza B Vaccine Strains				
B/Colorado/06/2017-like	71	181	27.3%	
B/Phuket/3073/2013-like virus (Quad vaccine only)	2	2	0.3%	

Data Source: Public Health Ontario. Laboratory-Based Respiratory Pathogen Surveillance Report - Week 11 (not 15)

Provincial and national counts are reported with a one week lag and do not include the most recently completed surveillance week. Surveillance weeks can be found here (pg 9).

† Non-vaccine match strains are not reported. Match percent is calculated based on total isolates characterized nationally for each of flu A and flu B. Match percent is based primarily on antigenically similar strains. Antigenic similarity may not be reflective of influenza vaccine effectiveness.

Technical Notes

Definitions

<u>Percentage positivity</u>: the number of positive flu cases divided by the number of specimens tested at Public Health Ontario Labs

<u>Reported activity level</u>: the level of influenza activity that is reported to Public Health Ontario by Simcoe Muskoka, based on influenza cases and outbreaks. Definitions available <u>here</u> (pg 9).

<u>Surveillance week</u>: The week number corresponding to the week of year, running Sunday to Saturday, inclusive, for reporting influenza activity. January 1 always falls within week 1. A list of the current season's surveillance weeks can be found <u>here</u>.

Limitations

Timeliness:

The provincial data are from one week previous because that is the most recent data available.

The hospital data, local counts of influenza, and outbreaks are current to date.

The number of cases listed in a given surveillance week may change as more information becomes available

Case-Follow-up and iPHIS Data Entry:

While Public Health Ontario only requires case information as provided by the laboratory report, the health unit investigates all outbreak cases, as information is available, in order to provide a more accurate local picture of adverse outcomes and subtyping.

Case Reporting:

Sporadic cases do not accurately describe all cases of influenza as those cases reported are skewed towards individuals more likely to seek medical care and be tested (e.g. young, elderly and immunocompromised).

Additional Resources

Simcoe Muskoka

- Influenza Fact Sheet
- Influenza HealthSTATS page

Provincial

- Ontario Respiratory Pathogen Bulletin
- Public Health Ontario Laboratory Respiratory Pathogen
 Surveillance Reports
- ILI Mapper

Week 15 Provincial Summary: For the 2019-2020 surveillance season to week 15, 12,987 laboratory-confirmed influenza cases have been reported across Ontario, 13 (0.1%) of which were reported in week 15. Among cumulative cases, 73.0% (9473/12987) were influenza A.

(Source: Public Health Ontario Respiratory Pathogen Bulletin, Surveillance Week 15, extracted April 21, 2020)

National

• Public Health Agency of Canada FluWatch

International Resources

• WHO Global Influenza Surveillance and Response System