

# Recreational Camp Respiratory Outbreak Management Checklist

Outbreak Number: \_\_\_\_\_

Recreational Camp Name: \_\_\_\_\_

Respiratory Outbreak Management Checklist	Date Initiated
<p><b>1. Definitions</b></p> <ul style="list-style-type: none"> <li>• Suspect Outbreak: 2-3 campers and/or staff in the same cabin/area are experiencing similar symptoms within 48 hours.</li> <li>• Confirmed Outbreak: More campers and/or staff in the same cabin/area develop similar symptoms within 48 hours.</li> </ul>	
<p><b>2. Notify the Simcoe Muskoka District Health Unit (SMDHU)</b></p> <ul style="list-style-type: none"> <li>• During business hours: 705-721-7520 ext. 5744</li> <li>• After-hours: 1-888-225-7851</li> </ul>	
<p><b>3. Camp Overview:</b></p> <ul style="list-style-type: none"> <li>• Camp director's name and contact number: _____</li> <li>• Medical director for camp: _____</li> <li>• Total number of staff: _____</li> <li>• Total number of campers: _____</li> <li>• Number of cohorts/cabins: _____</li> <li>• Cohorts experiencing illness: _____</li> <li>• Frequency of camper changeover (please circle):    Weekly    Bi-weekly    Other</li> <li>• Current outbreak plan: <ul style="list-style-type: none"> <li>○ Will cases remain onsite: (please circle):    Yes    No</li> <li>○ SMDHU recommends campers return home if possible.</li> </ul> </li> </ul>	
<p><b>4. Identify Cases and Line lists</b></p> <ul style="list-style-type: none"> <li>• Use a separate page for staff and a separate page for campers.</li> <li>• Who to include on the line list? <ul style="list-style-type: none"> <li>○ Staff or campers who have experienced more than one of the following symptoms: <ul style="list-style-type: none"> <li>– Fever – Congestion – Difficulty swallowing</li> <li>– Cough – Sore throat – Tiredness – Runny nose</li> <li>– Hoarseness – Muscle aches – Sneezing</li> <li>– Chills – Loss of appetite – Headache – Irritability</li> </ul> </li> <li>○ Staff or campers who have had at least 1 respiratory symptom and have received a laboratory confirmed result of a respiratory pathogen.</li> <li>○ As directed by your public health inspector.</li> </ul> </li> <li>• Update the line list each day with new and resolved cases and submit to SMDHU: <ul style="list-style-type: none"> <li>○ Secure file upload - <a href="http://www.smdhu.org/secureupload">www.smdhu.org/secureupload</a></li> <li>○ Fax: 705-733-7738</li> <li>○ <b>Do not email</b> the line list directly to the inspector.</li> </ul> </li> </ul>	

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<p><b>5. Hand Hygiene and Respiratory Precautions</b></p> <ul style="list-style-type: none"> <li>• Increase Handwashing – review with staff/visitors/campers and review use of alcohol-based hand rubs (ABHR), have ABHR readily available throughout camp.</li> <li>• Ensure adequate supply of personal protective equipment (PPE).</li> <li>• Reminders/signs for cough and sneeze etiquette throughout camp.</li> </ul>	
<p><b>6. Staff Movement and Assignments</b></p> <ul style="list-style-type: none"> <li>• Staff should not work at other recreational camps or high-risk settings (e.g., long-term care homes) for the duration of the outbreak.</li> <li>• In an outbreak, staff assigned to an established cohort/cabin should remain with the camper cohort and not mix with other staff.</li> <li>• Review staff assignments (staff providing care should not handle food).</li> </ul>	
<p><b>7. Isolation/Exclusion</b></p> <ul style="list-style-type: none"> <li>• Immediate isolation of symptomatic campers/staff with respiratory symptoms.</li> <li>• Isolation period to be reviewed with SMDHU.</li> <li>• If tolerated, the ill camper/staff should wear a medical mask.</li> <li>• Dedicated staff should be assigned to care for those in isolation.</li> </ul>	
<p><b>8. Admissions/Activities</b></p> <ul style="list-style-type: none"> <li>• New cohorts should be delayed until outbreak is over unless approved by the Medical Officer of Health.</li> <li>• Wilderness expeditions and field trips must be reviewed with SMDHU before they occur. Ill campers/staff should not participate in group activities.</li> <li>• All activities should be outdoors (weather permitting) during an outbreak.</li> </ul>	
<p><b>9. Education</b></p> <ul style="list-style-type: none"> <li>• Post signage indicating outbreak.</li> <li>• Increase education to staff responsible for caring for ill campers/staff.</li> <li>• Increase education to entire camp community regarding outbreak control measures including self-monitoring for signs and symptoms and reporting any symptoms to staff.</li> </ul>	
<p><b>10. Environmental Cleaning and Laundry</b></p> <ul style="list-style-type: none"> <li>• Health Canada approved disinfectant being used appropriate for pathogen.</li> <li>• Frequency of cleaning/disinfection of high-touch surfaces and activity equipment should be increased in outbreak situations.</li> <li>• Items that are challenging to clean (e.g. wood-based objects, craft supplies, aquatic foam materials) should not be used during the outbreak.</li> <li>• Laundering of linens, towels, and personal clothing/toys and should be increased during an outbreak.</li> </ul>	
<p><b>11. Communication</b></p> <ul style="list-style-type: none"> <li>• Camp must identify an outbreak lead for the purposes of communication with SMDHU, if the lead is not available a backup staff must be identified and SMDHU must be updated on the camp contact.</li> <li>• Communication to the camp's families/staff regarding the outbreak should be reviewed by SMDHU prior to being sent.</li> </ul>	
<p>Completed by:</p>	