

May 8, 2025

## **Re: Exposure to Measles – Collingwood General and Marine Hospital**

The Simcoe Muskoka District Health Unit has been informed that you were at **Collingwood General and Marine Hospital's Emergency Department including the "see and treat" area** between **11:14 a.m. and 8:28 p.m. on May 4, 2025**. A person who is confirmed to have measles was also at this location during this time. This means that you and anyone who went to this location with you could become infected with measles. If you were at the location, please follow these recommended actions:

### **Confirm your vaccination status**

Ensure you and everyone in your household are up to date on your measles vaccination.

- You are considered protected if you've had **two doses** of measles vaccine (MMR or MMRV).
- If you were born **before 1970**, you likely had measles as a child and are generally considered immune and protected.
- If you are not sure you're protected, you can visit our website to see if the health unit may have a copy of your record at [www.smdhu.org/records](http://www.smdhu.org/records).
- If you haven't had two doses, **contact your health care provider** to discuss vaccination.

### **Before attending childcare or school**

Children may attend childcare or school if they have proof of **two** doses of the measles vaccine. If not, children **cannot attend childcare or school** until they receive a second dose. Call the Simcoe Muskoka District Health Unit for further direction.

### **If you fall in any of the following groups:**

- You are pregnant and have not received two doses of the measles vaccine or do not have confirmed immunity OR
- You have an infant under one year of age who was at the exposure site OR
- You have received an organ or stem cell transplant.

If you fall into one of the above groups and were exposed to measles within the past six days, please contact the Simcoe Muskoka District Health Unit as soon as possible. You may be eligible for protective treatment, available only through the hospital, that can help reduce your risk of becoming infected.

### **If you are a health care worker or military personnel (all ages)**

You may attend work if you have proof of two doses of measles vaccine or have previous serology showing immunity to measles. If not, you cannot attend work. Call the Simcoe Muskoka District Health Unit for further direction.

**Please also refer to the table on the last page and follow the appropriate actions based on your immunity (protection) against measles.**

❑ **Barrie:**  
15 Sperling Drive  
Barrie, ON  
L4M 6K9  
705-721-7520  
FAX: 705-721-1495

❑ **Collingwood:**  
280 Pretty River Pkwy.  
Collingwood, ON  
L9Y 4J5  
705-445-0804  
FAX: 705-445-6498

❑ **Cookstown:**  
2-25 King Street S.  
Cookstown, ON  
L0L 1L0  
705-458-1103  
FAX: 705-458-0105

❑ **Gravenhurst:**  
2-5 Pineridge Gate  
Gravenhurst, ON  
P1P 1Z3  
705-684-9090  
FAX: 705-684-9887

❑ **Huntsville:**  
34 Chaffey St.  
Huntsville, ON  
P1H 1K1  
705-789-8813  
FAX: 705-789-7245

❑ **Midland:**  
B-865 Hugel Ave.  
Midland, ON  
L4R 1X8  
705-526-9324  
FAX: 705-526-1513

❑ **Orillia:**  
120-169 Front St. S.  
Orillia, ON  
L3V 4S8  
705-325-9565  
FAX: 705-325-2091

**Watch for symptoms of measles**

- Symptoms can appear 7 to 21 days after being exposed.
  - Even individuals who are up to date with the measles vaccine should watch for symptoms of measles for 21 days after exposure.
  - Look for:
    - Fever, runny nose, cough
    - Red eyes
    - Small white spots inside the mouth and throat (these don't always show up)
    - Three to seven days after symptoms start, a red, blotchy rash begins on the face and spreads down the body
- You can spread measles to others four days before and four days after the rash appears

**If you develop symptoms:**

- Call your health care provider right away.
- Isolate right away—stay home (do not go to school or work) and avoid contact with others.
- **Important:** Do not go directly to the hospital or your health care provider's office without calling first. You must inform them that you have been exposed to someone with measles and are now experiencing symptoms.
- Wear a well-fitting, high-quality face mask when seeking medical care.

For further information on Measles please visit [www.smdhu.org/measles](http://www.smdhu.org/measles) or call the Simcoe Muskoka District Health Unit Infectious Diseases Team at -877-721-7520 ext. 8649 between 8:30 am and 4:30 pm, Monday to Friday.

Sincerely,

***original signed by:***

Colin Q-T Lee, MD, MSc, CCFP (EM), FRCPC  
Associate Medical Officer of Health

Immunity (Protection)	Action
Born before 1970 (regardless of MMR or measles vaccination)	Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> . If you work in a healthcare setting or the military, you <b>must</b> show proof of immunity (record of two doses of MMR vaccine OR serology) before returning to work.
Born in 1970 or later <b>with no previous MMR vaccination</b> and you do <b>not</b> attend daycare, school, college or university and do not work in healthcare or the military	Get a dose of MMR vaccine as soon as possible. Consider getting a second dose of MMR vaccine at least 28 days later. Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later <b>with an unknown vaccination history</b> and you do <b>not</b> attend daycare, school, college or university and do not work in healthcare or the military	Check immunization records with your Health Care Provider or through <a href="#">ICON</a> or at <a href="http://www.smdhu.org/records">www.smdhu.org/records</a> Get a dose of MMR vaccine from your healthcare provider as soon as possible. Consider getting a second dose of MMR vaccine at least 28 days later. Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later, and had <b>0 doses of MMR vaccine or with an unknown vaccination history and are in daycare, school, college or university</b>	You are <b>not to attend</b> those settings up to and including <b>May 25, 2025</b> . One dose of MMR vaccine should be given now and another at least 28 days after the first MMR dose. Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later, and had <b>0 doses of MMR vaccine and work in healthcare, or the military</b>	If you work in health care or the military, you are <b>not to attend work</b> unless your immune status is verified. See your healthcare provider to request serology to check for measles immunity. If the results indicate that you are not immune, follow up with your health care provider as one dose of MMR vaccine should be given now and another at least 28 days after the first MMR dose. You are <b>not to attend</b> work up to and including <b>May 25, 2025</b> . Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later, and had <b>1 dose of MMR vaccine and are in daycare, school, college or university</b>	You are <b>not to attend</b> until a second dose of MMR or MMRV vaccine is given at least 28 days after the first dose of MMR vaccine. Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later, and had <b>1 dose of MMR vaccine and work in healthcare, or the military</b>	If you work in health care or the military, you are <b>not to attend</b> unless your immune status is verified. See your healthcare provider to request serology to check for measles immunity. If the results indicate that you are not immune, follow up with your health care provider and request the 2nd dose of MMR, and you are <b>not to attend</b> work up to and including <b>May 25, 2025</b> . Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later, and had 1 dose of MMR vaccine and are <b>not</b> in daycare, school, college or university, healthcare or the military.	Consider getting a second dose of MMR vaccine at least 28 days after your last dose of MMR vaccine from your healthcare provider. Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .
Born in 1970 or later, and had 2 doses of MMR vaccine	Watch for signs and symptoms of measles up to and including <b>May 25, 2025</b> .