simcoe muskoka
DISTRICT HEALTH UNIT
Your Health Connection

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Website: smdhu.org/grade7parentconsentletter

September 2026

Dear Students, Parents and Guardians:

All grade 7 students are offered three free vaccines through the School Immunization Program. These vaccines are part of the routine immunization schedule and are provided in school by our SMDHU nurses.

Immunizations are an important part of a child's overall health, and we encourage you to read the attached consent form about the following vaccines offered through the School Immunization program:

- Hepatitis B
- Meningococcal Conjugate ACYW (meningitis)
- Human Papillomavirus (HPV)

As a parent, you play an important role in helping your child make decisions about their health. Under the Health Care Consent Act, we need the student's consent to give them a vaccine. If a nurse determines a student is not able to understand the information, they will contact the parent or guardian.

Please complete and return the attached form to the school with **both student and parent signatures** by **Tuesday, September 22, 2026**.

This form must be returned to the school advising CONSENT or REFUSAL for these vaccines.

If a student has anxiety related to needles, please scan the QR code for tips to help prepare.

***Please note*:**

- Meningococcal Conjugate ACYW vaccine is **required** for grade 7 students under the Immunization School Pupils Act (ISPA). Students are required to receive the vaccination or have a medical or philosophical exemption on file, to meet the requirements of the ISPA. Not having one of these three options completed could lead to suspension from school. For more information, visit www.simcoemuskokahealth.org.
- Please be aware that two vaccines, hepatitis B (HB) which is often needed/recommended for employment or travel, and the anti-cancer human papillomavirus (HPV) vaccines are only free until the end of grade 12; the cost of HB and HPV is approximately $150 and $600 respectively.

Sincerely,

Colin Q-T Lee, MD, MSc, CCFP (EM), FRCPC
Associate Medical Officer of Health