

# VACCINE FACTS

## Meningococcal C Conjugate (Men-C) (Menjugate®, NeisVac-C®)

The Men-C vaccine protects against illness caused by group C meningococcal bacteria (*Neisseria meningitidis*).



### Who should get this vaccine? <sup>1,3</sup>

This vaccine is routinely given to all children at 1 year of age.

Another meningococcal vaccine (Men-C-ACYW-135 vaccine) is given in grade 7, which provides a booster dose for group C, as well as protection against three additional strains of this bacteria

### How well does this vaccine work? <sup>1,3</sup>

Men-C vaccine protects 97% of infants after receiving their infant dose, however immunity wanes to 68% after 1 year. This is why the grade 7 booster dose is so important.

### Is there an alternative to this vaccine? <sup>1,3</sup>

At this time there are no other ways to prevent this disease. Hand washing and covering the mouth and nose while coughing/sneezing can help reduce the spread of disease. Meningococcal bacteria is also spread by sharing items that come in contact with the nose and throat (i.e. lipstick, water bottles, straws, toothbrushes), so not sharing these items decreases the risk of spreading this bacteria.

### Is this vaccine safe?

The risk of a serious reaction or side effect from this vaccine is much less than the risk of meningitis. If you experience any side effect worse than what is listed below, please seek medical advice and notify the health unit.

Common side effects of this vaccine <sup>1,3</sup>	Rare side effects <sup>1,3</sup>
<ul style="list-style-type: none"><li>• Pain in the muscle</li><li>• Swelling</li><li>• Redness</li><li>• Irritability</li><li>• Fever</li><li>• Headaches</li><li>• Feeling unwell</li></ul>	<ul style="list-style-type: none"><li>• Anaphylaxis</li></ul>

### Who should not receive this vaccine? <sup>1,3</sup>

- Anyone with an allergy to any of the vaccine components or who has had an allergic or anaphylactic reaction to this vaccine.

## What is in this vaccine? <sup>2</sup>

Menjugate®	NeisVac-C®	Also found in...
Latex		Balloons
Disodium phosphate heptahydrate		Laxatives, food additive-emulsifier, leavening agent for baked goods
Mannitol		Mushrooms, trees
Sodium chloride	Sodium chloride	Table salt
Diphtheria toxoid		Other vaccines
	Tetanus Toxoid	Other vaccines
Aluminium	Aluminium	Breast milk, infant formula
Sodium dihydrogen phosphate monohydrate		Laxatives, food additive-emulsifier, leavening agent for baked goods

### We ask you to:

**Check:** Your child's yellow immunization card or health record.

**Contact:** Your child's family physician or health-care provider to obtain records, or to get missing vaccinations.

**Share:** Visit our website to share your immunization record with us.



#### References:

1. Canadian Immunization Guide. Part 4-Active Vaccines. Ottawa: Public Health Agency of Canada; 2019.
2. Canadian Immunization Guide. Part 1-Key Immunization Information. Table 1: Types and contents of vaccines available for use in Canada. Ottawa: Public Health Agency of Canada; 2019.
3. Moore, D. Your Child's Best Shot (4th ed.). Canadian Paediatric Society, 2015.