Baby Feeding Cues (signs)

Queensland Government

EARLY CUES - *"I'm hungry"*

- Stirring

- Mouth opening

- Turning head
- Seeking/rooting

MID CUES - *"I'm really hungry"*

- Stretching

- Increasing physical movement

- Hand to mouth

LATE CUES - *"Calm me, then feed me"*

- Crying

- Agitated body movements

- Colour turning red

Time to calm crying baby

- Cuddling
- Skin to Skin on chest
- Talking
- Stroking

(HMMU 131022)

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