

## Tarmac Stencils Information

**Encouraging children to be active at recess is important! They will be more ready to learn...Make your schoolyard inviting and watch what happens!**

The Simcoe Muskoka District Health Unit has purchased a set of tarmac stencils that schools can borrow. These stencils can be borrowed on a first come, first served basis on a short-term loan as they are in demand. Please contact the School Health Team by email at [SchoolHealth@smdhu.org](mailto:SchoolHealth@smdhu.org) for available dates.

### Lending Instructions

To borrow the stencils please fill out the Tarmac Stencil Loan Form (request from [SchoolHealth@smdhu.org](mailto:SchoolHealth@smdhu.org)) and identify requested pick-up and return dates.

The Tarmac Stencils are very large and are stored in flat cardboard boxes measuring approximately 6 feet by 8 feet. The boxes will fit into a large utility van or open bed pick-up truck/trailer. They are not heavy but due to their size, they are awkward to move and thus require two people to lift them to ensure they are not damaged. Please bring a helper along with you for pick-up and drop-off.

The Tarmac Stencils will need to be picked up from and returned to the Simcoe Muskoka District Health Unit office at 15 Sperling Dr., Barrie, ON L4M 6K9, **Monday to Friday between the hours of 8:30 am and 4:30 pm. Please note that sharing of stencils between schools is not permitted.**

If you note any damage to the Tarmac Stencils, please notify our staff so we can arrange repair.

Please wipe down the stencils ensuring any dirt/gravel grit is removed before packing in their boxes and ensure the boxes are **secured taped closed**.

### Playground Layout and Painting Instructions

You will need to purchase traffic paint for use with the stencils. It costs approximately \$5 per can. Each stencil requires a different amount of paint. See the information about each stencil in the pages below. Traffic paint can be purchased at many suppliers, one supplier is Fastline: <http://fastline.net/paint/>

1. Choose the area where you would like to paint your playground games.
2. Ensure that the dimension of the games that you have chosen will fit in your chosen space.
3. Painting surface must be clear of debris; rocks, dirt, etc.
4. When painting outside, best results will be achieved on a dry day when the temperature is above 5° Celsius and there is very little or no wind.
5. Lay out your stencil as you want it to appear. Some stencils will require assembly. Lay down the pieces and use masking tape to hold the pieces together. Stencils may be taped or weighted down to the tarmac to hold them securely in place while you are painting.
6. Follow all of the necessary safety precautions when using spray paint. Face masks, gloves, eye goggles and protective layers for shoes and clothes are recommended.
7. Spray the paint in the open sections of the stencil. Two thin layers of paint are better than one thick coat. Allow the paint to dry between coats and before lifting the stencil.
8. It will usually take a few volunteers a few hours to complete the painting and clean up.
9. Remove any tape, and allow paint to dry on stencil(s) before placing back in the carton that it came in.

## Tarmac Stencils Available for Loan:

### Hopscotch with Home



Width: **3' 3"**

Length: **13' 11"**

Recommended Paint Colours: **white**

# Cans Paint Needed: **1**

# Pieces: **4**

### Footprints



Width: **1' 2"**

Length: **2' 3"**

Recommended Paint Colours: **white**

# Cans Paint Needed: **1**

# Pieces: **1**

### Four Square



Width: **14'**

Length: **14'**

Recommended Paint Colours: **white**

# Cans Paint Needed: **2**

# Pieces: **17**

### Bulls Eye Toss



Width: **7' 4"**

Length: **15' 4"**

Recommended Paint Colours: **blue, red**

# Cans Paint Needed: **2**

# Pieces: **6**

## Giant Dartboard



Width: **14'**

Length: **14'**

Recommended Paint Colours: **white**

# Cans Paint Needed: **4**

# Pieces: **11**

## Tree of knowledge



Width: **7' 4"**

Length: **10' 10"**

Recommended Paint Colours: **green, brown, red**

# Cans Paint Needed: **3**

# Pieces: **6**

You will find the games rules linked on the [Schools Section of the Health Unit Website](#). Many more ideas are available online - check out [Pinterest](#) for additional ideas.