

THE TRUTH ABOUT CONSEQUENCES

Knowledge/Understanding; Communication

Purpose

To reveal the real life consequences of alcohol and/or drug misuse.

Equipment Included in Kit:

- If there is a testimonial speaker, then no equipment is required.
- If there is no testimonial speaker, kit will include 2 DVD's - Overtaken and Canadian Champions (RCMP).

Teacher to Provide:

- Testimonial Speaker or computer and projector.

Note: This learning centre has more impact if the testimonial speaker is close in age to the students and well on the road of their recovery.

Staffing: Teacher/Chaplain.

Student Homework: None.

Brief Description:

Individuals share their experience with substance misuse, the choices made while using, and the impact on others.

If there is a Testimonial Speaker:

The speaker is asked to briefly discuss the following information during his/her presentation:

- What happened to cause you to start using and misusing drugs/alcohol?
- What effect did it have on your life? (Don't be afraid to be graphic). Please touch on the consequences that **resulted** from your addiction...
- How did it affect your schooling, job, relationships with family and friends, where you lived, health?
- What did you have to do to support your habit? How did you pay for it?
- Did you have any run-ins with the law?
- What was the turning point that caused you to work at overcoming your addiction?

Note: *If there is more than one speaker, recommend that each speaker has the opportunity to tell their story with the students. Students want to know each person's story.*

- Teacher can follow-up with classroom discussion:

Think about the presentation...

- What are some of the consequences of drug and alcohol misuse? Be specific.*
- How did these stories affect you? Why?*
- How might the misuse of drugs and alcohol compromise someone's goals in life?*



THE TRUTH ABOUT CONSEQUENCES

If there is no Testimonial Speaker:

1. Play one or both of the following videos:
Overtaken - New [27:37]: Depicts the stories of several young adults whose lives are changed due to drugs, specifically prescription pain pills.
(available on-line at www.youtube.com/watch?v=e9oj3E-NPtI)

Canadian Champions: (part 1 and 2) [26:40] testimonials and positive strategies to deal with the pressures to use drugs and alcohol.
(available on-line at www.rcmp-grc.gc.ca/cycp-cpcj/dr-al/res/cc/video/video-eng.htm)
2. Following the video(s), facilitate discussion with the students as follows:
Think about the presentation...
 - i) *What are some of the consequences of drug and alcohol misuse? Be specific.*
 - ii) *How did these stories affect you? Why?*
 - iii) *How might the misuse of drugs and alcohol compromise someone's goals in life?*

