

Dr. Lisa Simon, MD, MPH, CCFP, FRCPC

Dr. Lisa Simon is a Public Health and Preventive Medicine specialist who joined the health unit as an Associate Medical Officer of Health (AMOH) in 2013. Her interests and primary responsibilities are in the areas of chronic disease and injury prevention, maternal and child health, and the social determinants of health.

Dr. Simon's interest in upstream approaches to population health improvement led her to pursue a career in public health. She has a long-standing interest in health equity, both locally and globally, and has studied and worked in clinical and public health capacities with diverse populations in Canada and internationally.



Dr. Simon received her medical degree from the University of Calgary, her master's in public health from the University of Toronto, and her residency training in public health and preventive medicine, as well as family medicine, from McMaster University. She also served as an AMOH at the health unit from 2011 to 2012, with a focus on communicable disease control, vaccine-preventable diseases and sexual health.

Dr. Simon has been a driving force behind public health unit support for a basic income guarantee. In 2015 she sponsored an aLPHa (Association of local public health agencies in Ontario) resolution that led to provincial public health support for the implementation of a Basic Income pilot project.

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