| **Service** | **Additional Information** | **Contact Information & Website** | **Referral Form**  **(Health Care Providers / Caregivers can make referrals to all services)** |
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| Christine’s Place | **Circle of Security Parenting:** an 8 to 10-week parenting course is offered on an on-going basis for those who may need **help developing healthy parenting habits**. This course is a joint effort between therapist Mark Vanderlip Campbell (trained Circle of Security Provider) and Christine’s Place.The program is a relationship based early intervention program designed to enhance attachment security between parents and children. Secure children exhibit increased empathy, greater self-esteem, better relationships with parents and peers, enhanced school readiness, and an increased capacity to handle emotions more effectively when compared with children who are not secure. | **705-784-0647**  [info@christinesplace.org](mailto:info@christinesplace.org)  [**https://christinesplace.org/**](https://christinesplace.org/)  **Circle of Security International:** <https://www.circleofsecurityinternational.com/> | To register for Circle of Security parenting program, call 705-784-0647. |
| Community Living Huntsville | **The Resource Teacher Program** supportschildren aged 18 months to six years, and their families. Children with delays in development meet eligibility. Resource Teachers are able to use screening tools to identify delays and provide support to families to make gains. They can offer a flexible array of support through school, childcare, EarlyON programs and home.  The **Family Support Program** provides support to families of children and youth (age 6 to 18 years) with developmental disabilities to access and co-ordinate supportive resources. Family Support Workers are able to support families to plan ahead for their child to transition to adulthood and to coordinate services with other community partners. | **Stacey Bullock**  **705-789-4543 ext. 215**  [**http://www.clhuntsville.ca/**](http://www.clhuntsville.ca/) |  |
| Community Living South Muskoka | The **Resource Teacher Program** supports children ages 2 – 6 years and their families residing in South Muskoka. Children must have a delay in one or more areas of development and be enrolled or on a waitlist for licensed child care or attending EarlyON programs. The main role of a Resource Teacher is Case Management, Advocacy and Consulting.  The **Family Support Program** provides support to families of children and youth (age 6 to 21 years) with developmental disabilities who need access and coordinated supportive community resources, high school to adulthood transition and eligible financial supports. The main role of the Family Support Workers are Case Management, Advocacy, Transitional planning and Respite co-ordination.  **Respite Program (Parent Relief)** is a family support service that provides temporary relief from the physical and emotional demands involved in caring for a family member who has a disability. Respite creates greater opportunities for all family members to live actively and participate in community activities and allows parent/guardians time for themselves. Children who are under 18 years of age with a developmental disability or present with complex special needs could be eligible for respite services. | **705-645-5494**  [**http://www.clsm.on.ca/**](http://www.clsm.on.ca/) |  |
| District of Muskoka | Oversees **Muskoka's** **Child Care** system for children from birth to 12 years of age, which includes: child care fee subsidy, licensed child care, Muskoka home child care agency, quality child care in Muskoka, summer camp fund, Nest Family Resource Centres, EarlyON Centres.  **Muskoka** **EarlyON** centres welcome children under six years of age and their parents or caregivers to take part in a wide range of activities geared towards early child development in a fun and friendly environment, including various parent education opportunities. | **Child and Youth Services:**  <https://www.muskoka.on.ca/en/community-and-social-services/Children-and-Youth-Services.aspx>  **EarlyON Child and Family Centres:**  <https://www.muskoka.on.ca/en/community-and-social-services/earlyon.aspx> | No referral required. |

**Many agencies have modified service delivery formats to support families to receive services safely during COVID-19. Call or visit agency websites to determine how best to access their services.**

| **Service** | **Additional Information** | **Contact Information & Website** | **Referral Form**  **(Health Care Providers / Caregivers can make referrals to all services)** |
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| Dnaagdawenmag BinnoojiiyagChild & Family Services | **Dnaagdawenmag Binnoojiiyag (Nog-dah-wen-mawg) (Bin-ooh-zhee-yug) Child & Family Services**  A multi-service Indigenous wellbeing agency. Provide a stable foundation for Indigenous children, youth, and families, through wraparound services that are culturally-based and family-focused.  Seek to support families with care and authenticity, and by recognizing and respecting spirit. Provide a wholistic, inclusive, and nonjudgmental circle of care. | **1-844-523-2237**  <https://www.binnoojiiyag.ca/> |  |
| Great Beginnings Canadian Prenatal Nutrition Program (CPNP)  Great BeginningsGrowing Up Group Community Action Program for Children (CAPC) | **Great Beginnings Prenatal Nutrition Program** for pregnant women and new parents with babies 0-8 months old who are living in conditions of risk. Nutrition education, service connections, education, lunch and free healthy groceries and milk. Programs offered weekly in Gravenhurst, Bracebridge and Huntsville.  **Growing Up Program** for parents with children 0-2 who are living in conditions of risk. Education, parent-child activities and service connections. Programs offered weekly in Gravenhurst and Huntsville. | **705-645-3155**  <http://www.thefamilyhelpnetwork.ca>  Find us on Facebook: Great Beginnings Muskoka | HANDS Fax number: 705-645-7988 |
| HANDS – TheFamilyHelp Network.ca\* | **Developmental Services for Children** provides a specialized clinical behavioural program for children and youth with a developmental disability.  **Infant & Child Development Program** provides home-visiting and clinical assessment and intervention for infants and children 0-school entry who have or are at risk of developmental delay or disability.  **Stepping Stones (Triple P)** is a group for families with a child with suspected developmental disability. Learn a variety of strategies to support positive behaviours. | **705-645-3155**  <http://www.thefamilyhelpnetwork.ca> | HANDS Fax number: 705-645-7988 |
| Mamaway Wiidokdaadwin Indigenous Interprofessional Primary Care Team | **Mamaway Wiidokdaadwin** (Everyone Helps) is an interdisciplinary Primary Care Team, providing holistic care incorporating Indigenous concepts of health and well-being throughout North Simcoe and Muskoka Regions. MWIIPCT clinics are led by Nurse Practitioners (NP) alongside our Traditional Healers and allied health professionals. **There are two clinic locations, in Barrie and Orillia; support is also provided to** Beausoleil First Nation and Rama First Nation.  **Circle of Security Parenting:** an 8 to 10-week parenting course is offered as a relationship based early intervention program designed to enhance attachment security between parents and children. | **705-503-9554 (Barrie Clinic)**  **705-259-9520 (Orillia Clinic)**  [**https://banac.on.ca/mamaway/**](https://banac.on.ca/mamaway/) | MWIIPCT Fax numbers:  705-503-3955 (Barrie)  705-259-2010 (Orillia) |
| Muskoka Family Focus and Children’s Place\* | Provide high quality child and family resources and educational services. Parenting programs include (free child care may be available, call for details):  **Make the Connection:** group sessions for parents which incorporate hands-on parent-baby activities and discussions to help parents reflect on key components of secure attachment.  **Baby Food Making:** parents will learn how to safely introduce solids, safely make and store nutritious baby food, and get recipes.  **Triple P Parenting:** The Muskoka Triple P Network (including Simcoe Muskoka Family Connexions, Muskoka Family Focus and Children's Place, Simcoe Muskoka District Health Unit, HANDS, District of Muskoka) regularly offers Triple P sessions. For more information on parenting tips and Muskoka sessions, see the Triple P Ontario website at [www.triplepontario.ca](http://www.triplepontario.ca/).  **Strengthening Families:** parent and family strengthening dinner program offered as group sessions. Families will benefit through an increase in parenting skills, children’s life skills and an improvement in family relations. | **705-645-3027**  <https://muskokafamilyfocus.com/> |  |

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| One Kids Place Children’s Treatment Centre | **One Kids Place Children’s Treatment Centre** - coordinated rehabilitation services for children and youth with special needs. Programs include: Speech and Language Therapy, Occupational Therapy, Physiotherapy, FASD, Social Work, Therapeutic Recreation, Infant Hearing Program, Autism Services.  Services include: Assessment, consultation, individual and group therapy, specialized parenting programs and early school support.  **Specialized clinics** include: Seating/Mobility Clinic, Developmental Clinic, Feeding and Swallowing Clinic, Augmentative Communication, and Orthotics Clinic. | **705-789-9985**  <https://www.onekidsplace.ca/> | <https://www.onekidsplace.ca/referral-form/> |
| Simcoe Muskoka District  Health Unit\*  Health Connection | One-on-one parenting counselling over the phone, prenatal classes, Healthy Babies Healthy Children Program, parenting classes (including Triple P) as well as help for families to access other parenting supports in the community.  Visit “Services” and “Topics” for information on additional services offered.   |  | | --- | |  | | **1-877-721-7520**  <http://www.simcoemuskokahealth.org/> |  |
| Simcoe Muskoka Family Connexions\* | Children’s Mental Health Services –  **Counselling Walk in Clinic** for families and children/youth age 0-18 (no fee). No referrals or appointments are necessary. Any youth, 12 years or older can attend on their own and receive service.  Family/Parent Support available for families receiving service.  **Mental Health Crisis Line** (Muskoka and Parry Sound)-  For children, youth, their families, caregivers, and service providers. | **1-800-680-4426**  Walk-In Clinics: <https://familyconnexions.ca/cmh-walk-in-clinics/>  General: <https://familyconnexions.ca/>  **1-844-287-9072**  <http://www.somewheretoturn.ca/> | Fax number: 705-789-6210  This can be completed and sent with the client or faxed in advance |
| **ADDITIONAL RESOURCES –Referral and Information** | | | |
| Canadian Paediatric Society | Caring for Kids: Online information for parents from Canadian Paediatricians.    [Position paper: Relationships matter: How clinicians can support positive parenting in the early years](https://www.cps.ca/en/documents/position/positive-parenting)  This statement, which focuses on children age 0 to 6, describes basic principles in support of positive parenting and recommends in-office practices to promote secure parent-child relationships, engage families and build trust with parents. Crying, sleep and difficult behaviours are described as opportunities for clinicians to provide anticipatory, responsive guidance to parents. | <https://www.caringforkids.cps.ca/>  <https://www.cps.ca/en/documents/position/positive-parenting> |  |
| Child Protection Concerns | Report toSimcoe Muskoka Family Connexions. | **1-800-680-4426**  <https://familyconnexions.ca/> |  |
| Community Information Muskoka | Search or click on “Services”, which include: Children, youth and family supports; Community engagement; Employment; Food security; Health and wellness; Housing; Muskoka community directory; Other community supports; Seniors. | **211**  <http://muskokacommunity.ca/> |  |
| Mental Health Crisis Line (Muskoka and Parry Sound) | For children, youth, their families, caregivers, and service providers. | **1-844-287-9072**  <http://www.somewheretoturn.ca/> |  |
| New Path: Pathways for accessing mental health addiction services | North Simcoe Muskoka Pathways to Child and Youth Mental Health and Addictions (MHA) Services in North Simcoe Muskoka Local Health Integration Network for children and youth under 18 years.  **See link to access pathways for accessing mental health and addictions services**. | <https://newpath.ca/pathways/> |  |