

## Sodium in Drinking Water

Many drinking water systems in Simcoe County and the District of Muskoka have elevated levels of naturally occurring sodium. Sodium samples are required by Ontario Drinking Water Systems Regulation 170/03 to be sampled once every 60 months. To help you advise your patients about sodium levels in drinking water please see the charts below which indicate the municipal residential drinking water systems in Simcoe County and the District of Muskoka in the last five years that have had sodium levels that exceed 20 milligrams/litres. For more information on sodium in drinking water and health effects

<http://www.simcoemuskokahealth.org/Topics/SafeWater/drinkingwater/chemicalsminerals/sodium.aspx>

Municipalities may have several different drinking water systems that provide drinking water to the public. These range from large municipal to smaller distribution systems to private wells. In order to obtain drinking water results (including sodium results) for a patient, please contact please contact [Health Connection](#) at 705-721-7520 or toll-free at 1-877-721-7520 to speak with a public health inspector or contact your local municipality. Private well owners can test their drinking water for bacteria by retrieving a water sample bottle for testing from a local health unit office. If they wish to sample for any other parameters they will have to contact a licensed laboratory <https://www.ontario.ca/page/list-licensed-laboratories>

### MUNICIPAL SYSTEMS

Drinking Water System	Municipality	Sampling Year
Alcona Drinking Water System	Innisfil	2015
Alliston Drinking Water System	New Tecumseth	2017
Barrie Drinking Water System	Barrie	2016
Bass Lake Woodlands Drinking Water System	Severn	2015
Bayshore Village Subdivision Drinking Water System	Ramara	2015
Bradford/Bondhead Drinking Water System	Bradford-West Gwillimbury	2015
Brechin & Lagoon City Drinking Water System	Ramara	2015
City Of Orillia Wastewater Treatment Centre	Orillia	2019
Coldwater Drinking Water System	Severn	2015
Collingwood Water Treatment Plant	Collingwood	2019
Creemore Well Supply	Clearview	2019
Davy Drive Subdivision Drinking Water System	Ramara	2015
Loretto Heights Drinking Water System	Adjala-Tosorontio	2017
Mactier (Beech) Drinking Water System	Georgian Bay	2015
Midland Drinking Water System	Midland	2018
Orillia Drinking Water System	Orillia	2017
Park Lane Subdivision Drinking Water System	Ramara	2015
Pentetanguishene Municipal Supply	Penetanguishene	2019
Perkinsfield Drinking Water System	Tiny	2018
Port Sydney (Clarke Well) Drinking Water System	Huntsville	2017
Rope Drinking Water System	Tay	2017
Rosemont Drinking Water System	Adjala-Tosorontio	2017

Drinking Water System	Municipality	Sampling Year
Sandcastle Estates Drinking Water System	Severn	2015
Severn Estates Drinking Water System	Severn	2015
South Ramara Drinking Water System	Ramara	2015
Tee Pee Point Drinking Water System	Tiny	2018
Tottenham Drinking Water System	New Tecumseth	2017
Val Harbour Subdivision Drinking Water System	Ramara	2015
Washago Drinking Water System	Severn	2015
Weca Drinking Water System	Adjala-Tosorontio	2017
West Shore Drinking Water System	Severn	2015
Wyevale Drinking Water System	Tiny	2018