

Updates to Provincial Guidelines and Rabies and Animal Exposure Reporting Requirements

Attention: Physicians, Family Health Teams, Nurse Practitioners, Emergency Departments, Urgent Care/Walk-in Clinics

Date: May 15, 2020

The reporting to public health units of animal exposures which could result in the transmission of rabies to people continues to be a longstanding requirement of the Health Protection and Promotion Act (HPPA). Ontario Regulation 557 Section 2(1) states:

A physician ... or any other person who has information concerning **either or both of the following shall**, as soon as possible, notify the medical officer of health and provide the medical officer of health with the information, including the name and contact information of the exposed person, for:

1. **Any bite from a mammal.**
2. Any contact with a mammal that is conducive to the potential transmission of rabies to persons.
O. Reg. 501/17, s. 1.

So far this year, Simcoe Muskoka has not had any animals test positive for rabies, however, terrestrial rabies (fox strain and raccoon strain) is present throughout various locations across Ontario. In recent years, there have been positive rabies tests in bats in the Simcoe Muskoka area. Although wild animal rabies vaccination baiting by the Ministry of Natural Resources and Forestry has managed to control the number of terrestrial animal cases of rabies in hot spot areas, there has been no baiting elsewhere in Simcoe Muskoka for the past five years, leaving the wild animal population in Simcoe and Muskoka currently unprotected against rabies. Since translocation of rabies into our area is a very real possibility, all bites and scratches from all mammals should be managed as possible rabies exposures, and should be reported to the Simcoe Muskoka District Health Unit (SMDHU) for further investigation.

Prompt reporting of animal bites to public health ensures immediate public health risk assessment and investigation resulting in optimal patient care and often a reduced need for rabies post-exposure prophylaxis. SMDHU investigated over 1,700 reported animal bites last year; however, through our investigation, only approximately 160 people needed to complete a rabies post-exposure prophylaxis series. SMDHU is a resource for physicians to assist in rabies exposure assessment, providing information and resources on our Primary Care Portal as well as telephone consultation with our Rabies Program Coordinator.

All partners should be aware of the risk of rabies and continue to be vigilant in reporting potential rabies exposures of humans to SMDHU unit for investigation. Local rabies data can now be accessed from our HealthStats webpage at: <http://www.simcoemuskokahealthstats.org/topics/environment/rabies>



What should health care practitioners do when a patient presents with a bat, wildlife or domestic animal exposure?

1. Please complete the **Rabies and Animal Exposure Incident Report Form** (below) to assist with the collection of required reporting information. All reported incidents will be investigated by a Public Health Inspector (PHI). All animal exposure incidents may be reported by faxing a copy of the completed *Rabies and Animal Exposure Incident Report Form* (page 3 of this document) through our **Designated Rabies Fax line** at 705-725-8132.

Note: **Facial, neck, head and hand bites from mammals** are higher risk for transmission (with potential for a shorter incubation period) and **direct contact with bats** is also high risk. Such incidents should also be verbally reported at **705-721-7520** or **1-877-721-7520** ext. **8811** (Monday – Friday 8:30am – 4:30pm) or after hours at **1-888-225-7851** (evenings, weekends or holidays).

2. In instances where there is a bat exposure, please ask the client if they have the bat available for testing. If so, please provide information about the status and location of the bat in question when reporting to the health unit. If possible, bats should be safely captured (or retrieved if dead) and tested for rabies when there has been a human exposure. Such testing can help to avoid or reduce rabies vaccination for exposed patients. Extreme care should always be taken to ensure that there is no further exposure when the bat is captured or handled. In the event that a bat is captured, it should be submitted for rabies testing; SMDHU staff are available to facilitate such testing.

Unless exposure from a bat is to the head, neck or hand region, rabies vaccine and immunoglobulin administration can be delayed for up to 48 hours until the rabies test result on the bat is obtained. If vaccination is initiated, it can be discontinued if the bat test is later found to be negative for rabies. Results are usually available within 48 hours, however, result times can occasionally take longer because of collection schedules, courier limitations and delays on weekends.

3. When determining the need for post exposure rabies immunization, the current [*Ministry of Health and Long-Term Care \(MOHLTC\) Management of Potential Rabies Exposures Guideline, 2020*](#) is recommended as a resource. For **rabies vaccine and immunoglobulin**, please contact the Rabies Coordinator at ext. **8894** or after hours at **1-888-225-7851**.

The following **rabies related resources** for Health Professionals are found under the Environmental Health tab of the Health Unit's website -

<http://www.simcoemuskokahealth.org/JFY/HPPortal/PCPCategories/InfectiousDiseases/Rabies.aspx>

- [Rabies PEP Dose Schedule](#) (dose and schedule of vaccine and immune globulin-**updated April 2020**)
- [Recommendations for Administration of Rabies PEP](#) (administration of the Rabies Vaccine and Immunoglobulin, such as needle size and injection location)
- [Management of Potential Rabies Exposures Guideline, 2020](#)
- [Canadian Immunization Guide](#)
- [Rabies and Animal Exposure Incident Report](#)

Please contact the Environmental Health - Health Connection line at 705-721-7520 or 1-877-721-7520 ext. 8811 with any questions on the information provided in this notice, whereas **requests for rabies vaccination** may be directed to the Rabies Coordinator at ext. 8894.

IMMEDIATELY FAX all animal exposure incidents to the Simcoe Muskoka District Health Unit:

FAX: 705-725-8132

For suspicious animal exposures, and head, face, neck exposures: Phone: (705) or (877) 721-7520 ext. 8811

For the physician inquiries and release of rabies post-exposure prophylaxis: Phone: (705) or (877) 721-7520 ext. 8894

AFTER HOURS, WEEKENDS AND HOLIDAYS: 1-888-225-7851

PLEASE PRINT CLEARLY

A REPORT/INTAKE

Date Reported to SMDHU: YYYY/MMM/DD Reporting Location (Name of Hospital/Office/Police): _____
 Contact Person and phone number at Reporting Location for additional file information: _____ Ext: _____

B PATIENT/VICTIM INFORMATION

Name: _____ Legal Sex Male Female X
As found on health card

Parent Guardian Name (if patient is under 16yrs of age): _____

Date of Birth: YYYY/MMM/DD Phone: _____ (Other) _____

Permanent Address: _____
911# Street Name Apt/Unit# City

Temporary Address: _____ Dates Effective: _____
911# Street Name City

C INCIDENT DETAILS

Date of Incident: YYYY/MMM/DD

Details of Incident: _____

Body area affected: _____ Bite Scratch Saliva Handling Other : _____

Skin broken: Yes No

Family Physician: _____ Phone or other contact info: _____

D ANIMAL OWNER INFORMATION (or person with custody of animal):

Owner: _____ Phone: _____ (Other) _____

Address of Owner: _____
911# Street Name Apt/Unit# City

Current Location of Animal: Same as Owner: Other : _____
911# Street Name Apt/Unit# City

Animal Species: Dog Cat Bat Other : _____

Breed and Full Description: _____

Domestic Animals must be kept alive and available for Health Unit surveillance for 10 days to rule out risk of rabies.
 Do **NOT** euthanize animal involved unless authorized by Health Unit Public Health Inspector.
 The Health Unit does not remove healthy domestic animal from their owners.

This personal information is collected under the authority of the Health and Protection and Promotion Act (1990) Reg. 557 Sec. 2. It will be used to conduct investigations and for the purposes of monitoring and surveillance of rabies activity. For further details concerning this collection, contact the SMDHU Privacy Officer at 705-721-7520 or 1-877-721-7520.