



Sample Letter of Commitment

We, the undersigned, are committed to fostering workplace wellness at (Place Name of Your Organization Here) by:

1. Acknowledging the importance of the formal establishment of a Wellness Committee and the need for ongoing support and resources for its activities.
2. Actively participating in the assessment and identification of our workplace strengths and health issues.
3. Offering environmental supports and skill building opportunities for staff to improve their individual health as well as the overall health of the work environment.
4. Supporting the development, implementation, and ongoing evaluation of healthy workplace policies.
5. Making a long-term commitment of both time and resources to creating and sustaining a healthy and supportive work environment.

	Signature:	Date:
Management	_____	_____
Union/Employee Groups	_____	_____
	_____	_____
Human Resources	_____	_____
Coordinating Agency	_____	_____
Community Partners	_____	_____
Other	_____	_____
	_____	_____