

Child Care Respiratory Outbreak Management Checklist	Notes
1. When did you first identify an increase in illness at the centre?	Enter Date
2. <b>Notify</b> Simcoe Muskoka District Health Unit (SMDHU). • 705-721-7520 x 5744	Date SMDHU notified
3. Start a <b>Line List</b> . • Use a separate page for staff and a separate page for children. • Who to include on the line list? • Staff or children who have experienced more than one of the following symptoms: ▪ Fever                      ▪ Congestion              ▪ Difficulty swallowing ▪ Cough                      ▪ Sore throat              ▪ Tiredness ▪ Runny nose              ▪ Hoarseness              ▪ Muscle aches ▪ Sneezing                  ▪ Chills                      ▪ Loss of appetite ▪ Headache                  ▪ Irritability • Staff or children who have had at least 1 respiratory symptom and have received a laboratory confirmed result of a respiratory pathogen. • As directed by your public health inspector. • Update the line list each day and submit to SMDHU: • Secure file upload - <a href="http://www.smdhu.org/secureupload">www.smdhu.org/secureupload</a> • Fax: 705-733-7738 • <b>Do not email</b> the line list directly to the inspector.	
4. <b>Isolation:</b> • Isolate and send home when a child is symptomatic on-site. • Separate the ill child from the other children and contact caregivers to arrange for pick up as soon as possible. • Send ill staff home immediately.	
5. <b>Exclusion:</b> • Any line-listed child or staff may return to the centre when they are: • fever free and, • symptoms have been improving for at least 24 hours and, • child/staff are well enough to participate in programming or work. • Supervisors are to review with symptomatic staff exclusion from working in other centres for the duration of the outbreak.	
6. <b>Cohort</b> classrooms during the outbreak. • Do not mix children from different classrooms and keep staff designated to one classroom. • Staff should not be working at other child care locations.	

<b>7. Notification:</b> <ul style="list-style-type: none"> <li>• Notify families, visitors, and community stakeholders of outbreak status.</li> <li>• Educate visitors, parents, and volunteers on precautions.</li> <li>• Post signage indicating facility is currently in outbreak.</li> </ul>	
<b>8. Defer</b> admissions, visits to other rooms, and “short term care” until the outbreak is under control.	
<b>9. Cancel</b> social activities, field trips and community functions.	
<b>10. Routine Practices:</b> <ul style="list-style-type: none"> <li>• Increase handwashing – review with staff, volunteers and children.</li> <li>• Review the use of alcohol-based hand rub.</li> <li>• Review staff assignments - staff providing care should not handle food.</li> <li>• Review respiratory etiquette and post <a href="#">signage</a> to remind staff and children.</li> </ul>	
<b>11. Disinfectant:</b> <ul style="list-style-type: none"> <li>• Switch to your outbreak level disinfectant: a product proven effective against non-enveloped viruses (e.g., poliovirus, norovirus, rhinovirus, rotavirus).</li> </ul>	Enter name of disinfectant, contact time and concentration
<b>12. Increase Cleaning and Disinfection:</b> <ul style="list-style-type: none"> <li>• High-touch surfaces, equipment, toys, etc. should be cleaned and then disinfected with an outbreak level disinfectant.</li> <li>• Do not use a dishwasher to sanitize toys during an outbreak. Instead, fully immerse toys in the outbreak level disinfectant. For large toys, apply disinfectant with a spray or a cloth saturated with the disinfectant for the correct contact time.</li> <li>• All bedding, dress up clothes and plush toys are to be laundered on high heat.</li> <li>• Items that cannot be cleaned and disinfected or laundered should be removed for the duration of the outbreak.</li> <li>• Steam-clean all carpets in affected rooms.</li> </ul>	
<b>13. Review</b> communal activities and sensory play. <ul style="list-style-type: none"> <li>• Water play, or any sensory activities using water should be discontinued for the duration of the outbreak.</li> </ul>	
<b>14. Specimen Collection</b> <ul style="list-style-type: none"> <li>• Parents should be advised to bring their child to a health care provider for assessment and possible arrangement of specimens.</li> </ul>	
<b>If there are any concerns about the above requirements, contact your assigned inspector for further discussion.</b>	
<b>Additional Comments:</b>	

Checklist completed by:

Date: