



Steps to clean multi-use instruments prior to sterilization

- ① Keep dirty instruments in container labelled “Instruments for Cleaning”. Container should be filled with water or a solution of soap and water.
- ② Wash hands for at least 15 seconds.
- ③ Put on thick puncture resistant rubber gloves and eye protection.
- ④ Manually clean dirty instruments using warm water, soap and a brush. An ultrasonic cleaning device may be used after manually cleaning (only an ultrasonic cleaner to be used in ultrasonic cleaning device).
- ⑤ Rinse instruments under running warm water.
- ⑥ Let instruments air dry.
- ⑦ Soak cleaned instruments in a clean solution of disinfectant for the appropriate time (see chart regarding types of disinfectants). Gloves/brush must also be soaked in a disinfectant.
- ⑧ Rinse instruments under running warm water, using tongs or gloves.
- ⑨ Let instruments air dry.
- ⑩ Place instruments in appropriate packaging for autoclave or dry heat sterilizer. Following manufactures instructions. Test sterilizer monthly, maintain records and submit to Simcoe Muskoka Health Unit.
- ⑪ Wash hands for at least 15 seconds.

NOTE

Care must be taken at all times to prevent any penetration of the skin or splashing of mucous membranes during the cleaning process.