

Program Requirements

What is needed for YTC to run in your school?

1. A room with the following:
 - Tables/desks/counters that can be used as cooking surfaces
 - Two sinks (one for hand washing and one for food preparation).
2. Four to six dates/times when the room and participants are available for 60-90 minutes.
3. Interested participants aged 10 years and up. There should be enough trained leaders and volunteers to support participants in small groups of 4-6 to allow hands on experience.
4. Signed registration forms from parents/guardians.
5. Access to cooking equipment (see list).
6. Funds for recipe ingredients (approximately \$30-\$60 per week).
7. Access to printer and photocopier for recipes and participant handbook.
8. A cooler for transporting and storing frozen/refrigerated items.
9. A plan for handling possible injuries (e.g. burn, cut).

YTC can run economically. Many pieces of equipment (e.g. measuring cups, spoons, spatulas, etc.) can be purchased at dollar stores and more expensive pieces (e.g. electric skillet) can be borrowed, donated or purchased second hand.

