

You're the Chef Food Skills

Videos

- [How to be food safe](#) (2:24) (Canadian Partnership for Consumer Food Safety Education.)
- [Proper hand washing](#) (1:42) (Public Health Ontario)
- [Knife skills](#) (3:52) (ELLICSR.ca)
- [How to measure food](#) (1:10) (startcooking.com)
- [Cutting an onion](#) (0:41) (startcooking.com)
- [Preparing garlic](#) (0:43) (startcooking.com)
- [How to cut a bell pepper](#) (1:19) (Gordon Ramsey)
- [How to cut and peel ginger](#) (1:09) (startcooking.com)
- [Juicing a lemon](#) (1:14) (startcooking.com)

