



Instructions for completing your *Can You Feel It?* kit:

1. Colour print and laminate the 'chill, chat, fuel and play' photo pages emailed to you by your workshop facilitator. Use a paper cutter to trim the laminated pages into the individual pictures. Store the pictures in the chill, chat, fuel and play envelopes in your kit. Instructions for using the pictures are included in the Resource Guide on the DVD. Use your discretion with the pictures.
2. You will require a hammer for the *board and nail team challenge*. A hammer is not included in your kit.
3. Laminate the separate large chill, chat, fuel and play posters provided by your workshop facilitator, so that they are durable for re-use.