

PROPER HAND SANITIZING

Alcohol-based hand sanitizer is an effective way to clean your hands if they are not visibly soiled or dirty. Be sure the product contains 60-90% alcohol content.

1



Apply a loonie-sized amount of hand sanitizer to the palms.

2



Rub hands together, covering all areas including the backs of hands; do not use water.

3



Rub fingertips of each hand in the opposite palm.

4



Rub until hands are dry; paper towels are not needed.