

COVID-19 SCREENING TOOL FOR SCHOOL OR CHILD CARE EMPLOYEES AND VISITORS - CAN I GO TO WORK?

This screening tool is based on the Ministry of Health COVID-19 Screening Tool for Employee (e.g. teacher, office staff, custodian, bus driver) or Visitor (Version 1 – October 1, 2020), and has been adapted to reflect the local context in Simcoe Muskoka.

1. Do you have any of the following new or worsening symptoms?
Symptoms should not be chronic or related to other known causes or conditions.

<input type="checkbox"/> Fever and/or chills Temperature of 37.8°C/100.0°F or higher)	<p>If you answered “YES” to any of these symptoms:</p> <ul style="list-style-type: none"> • DO NOT go to school/child care • Contact the school/child care to let them know about this result • Isolate (stay home) and do not leave except to get tested or for a medical emergency • Visit an assessment centre for testing and/or seek medical advice, if required. <p>If you answered “NO” to all of these symptoms, proceed to question 2.</p>
<input type="checkbox"/> Cough or barking cough (croup) Continuous, more than usual, making a whistling noise when breathing, not related to other known conditions (e.g. asthma, post-infectious reactive airways, etc.)	
<input type="checkbox"/> Shortness of breath Out of breath, unable to breathe deeply, not related to other known causes or conditions (e.g. asthma)	
<input type="checkbox"/> Sore throat <i>Not related to other known causes or conditions (e.g. seasonal allergies, acid reflux)</i>	
<input type="checkbox"/> Difficulty swallowing Painful swallowing <i>Not related to other known causes or conditions</i>	
<input type="checkbox"/> Runny or stuffy nose/congested nose <i>Not related to other known causes or conditions (e.g. seasonal allergies, being outside in cold weather)</i>	
<input type="checkbox"/> Pink Eye Conjunctivitis <i>Not related to other known causes or conditions (e.g. reoccurring styes)</i>	
<input type="checkbox"/> Headache that’s unusual or long-lasting <i>Not related to other known causes or conditions (e.g. tension-type headaches, chronic migraines)</i>	
<input type="checkbox"/> Digestive issues like nausea/vomiting, diarrhea, stomach pain <i>Not related to other known causes or conditions (e.g. irritable bowel syndrome, menstrual cramps)</i>	
<input type="checkbox"/> Muscle aches that are unusual or long lasting <i>Not related to other known causes or conditions (e.g. sudden injury, fibromyalgia)</i>	
<input type="checkbox"/> Extreme tiredness that is unusual Fatigue, lack of energy <i>Not related to other known causes or conditions (e.g. depression, insomnia, thyroid dysfunction)</i>	
<input type="checkbox"/> Falling down often <i>*for older people</i>	

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<p>2. Have you travelled outside of Canada in the last 14 days? Yes <input type="checkbox"/> No <input type="checkbox"/></p>	<p>If you answered “YES” to questions 2, 3 OR 4:</p> <ul style="list-style-type: none">• Do not go to school/child care• Contact the school/child care to let them know about this result• Isolate (stay home) and do not leave except to get tested or for a medical emergency• Follow the advice of the Simcoe Muskoka District Health Unit.• If you develop symptoms, visit an assessment centre for testing and seek medical advice, if required. <p>If you answered “NO” to all of these questions, proceed to the end of the screening checklist.</p>
<p>3. In the last 14 days, has a public health unit identified you as a “close contact” of someone who currently has COVID-19? Yes <input type="checkbox"/> No <input type="checkbox"/></p>	
<p>4. Has a doctor, health care provider, or public health unit told you that you should currently be isolating? Yes <input type="checkbox"/> No <input type="checkbox"/></p>	

If you answered “YES” to any of the questions in the above screening tool, please follow the advice provided.

- To find out when you can return to school/child care please refer to the SMDHU’s “COVID-19 Return to School or Child Care: Protocol for Employees/Visitors”

If you answered “NO” to all of the questions in this screening tool, you may attend school.

Frequently Asked Questions

1. Who in my family needs to be tested along with me?

If you have been identified as needing a test and everyone else in the family is well, no testing of other family members is needed, and this additional testing would not fit within testing criteria at local assessment centres. If you test positive for COVID-19, the Simcoe Muskoka District Health Unit will contact you and make a plan for additional testing of all close contacts.

2. Do I need a note from a health care provider before I go back to school/child care or a copy of a negative test result?

No, you do not need a note from your health care provider or proof of a negative test before you return to school/ child care. However, your employer may request that you complete an attestation form, indicating which option you have chosen for safe return to school.

3. I need more information to feel confident in my assessment, what do I do?

If you need additional information about COVID-19, refer to the [SMDHU website](#). If you have a question specific to your health, please contact your health care provider.

Updated October 5, 2020