

## SHOULD MY CHILD ATTEND SCHOOL?

### 1 Does your child have one or more of these symptoms?

- Fever (feeling hot to the touch, a temperature of 37.8 degrees Celsius; 100.4 degrees Fahrenheit or higher)
- Chills
- Cough that's new or worsening (continuous, more than usual)
- Barking cough, making a whistling noise when breathing (croup)
- Shortness of breath (out of breath, unable to breathe deeply)
- Sore throat (not related to seasonal allergies or other known conditions)
- Difficulty swallowing
- Runny, stuffy or congested nose (not related to seasonal allergies or other known causes or conditions)
- Lost sense of taste or smell
- Pink eye (irritated, itchy or painful eye that may have crusting or discharge)
- Headache that's unusual or long lasting
- Digestive issues (long lasting stomach pain or 2 or more episodes of nausea/vomiting and/or diarrhea)
- Sore muscles (long lasting or unusual)
- Extreme tiredness that is unusual (fatigue, lack of energy)
- Falling down often
- For young children and infants: sluggishness or lack of appetite



**NO:** Proceed to Question 4.

**YES:** Proceed to Question 2.

### 2 Is this a normal or usual symptom(s) for your child?

**NO:** Proceed to Question 3.

**YES:** Proceed to Question 4.



### 3 Does your child have seasonal allergies or an existing medical diagnosis (not COVID-19) that explains the symptom(s)?

**NO:** Child has symptoms consistent with COVID-19. They should **self-isolate** (stay home) and not leave except to get COVID-19 testing or for a medical emergency. On occasion, you may feel there is another explanation for the new symptom(s), requiring medical assessment. If so, contact your health care provider. Inform the school of your child's absence using the school's process.

**YES:** Proceed to Question 4.



### 4 Has your child travelled outside of Canada in the last 14 days?

**NO:** Proceed to Question 5.

**YES:** **Quarantine (self-isolate)** for 14 days from the date your child returned to Canada. Inform school of your child's absence using the school's process.

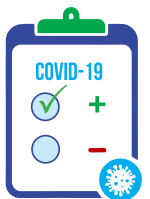


### 5 In the last 14 days, has your child tested positive for COVID-19 or been in close physical contact\* with someone who tested positive for COVID-19?

**NO:** Proceed to question 6.

**YES:** **Self-isolate** (stay home) and call the Simcoe Muskoka District Health Unit (SMDHU) if they haven't already been in touch with you. Inform the school of your child's absence using the school's process.

*\*A close physical contact is someone who was closer than 2 metres away in the same room or area, or living in the same home. It may also include being in the same classroom, if advised by SMDHU.*



### 6 Has a doctor, health care provider, or public health unit asked your child to self-isolate (staying at home)?

**NO:** Child may attend school.

**YES:** Follow the advice of your health care provider and **self-isolate** (stay home) except to leave to get tested or for a medical emergency. Contact public health to understand next steps and then follow the directions given to you by public health about when your child can return to school. Inform the school of your child's absence using the school's process.



To find a local assessment centre visit: [www.smdhu.org/Topics/COVID-19/AssessmentCentresandTesting](http://www.smdhu.org/Topics/COVID-19/AssessmentCentresandTesting)

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Adapted from Leeds, Grenville and Lanark District Health Unit