

Need support? You are not alone.



Georgian
Nurse Practitioner-Led Clinic



After Baby Group

For parents with mood changes after baby

Every Tuesday afternoon from 1:00-3:00 pm

- Meet other new parents experiencing mood changes after birth of baby
- Discuss relationships, difficult emotions and how to take care of yourself
- Build coping skills



The group will run at the EarlyON Child and Family Centre at 129 Ferris Lane in Barrie.

Limited child monitoring available for walking children. To register your child/ren for child monitoring please call the EarlyON Centre by Monday at noon and leave a message @ 705-792-7878