Weekly Influenza News



Week 9: February 26 to March 4, 2017

Week in Review:

Influenza Activity Indicator	Assessment of Indicator*	Interpretation	
Preported cases	Higher	77 local lab-confirmed case reported in week 9; 46 cases reported in week 8	
Percent Positive of Flu Specimens [†]	Similar [†]	Simcoe Muskoka: - flu A stable at 27.5%; flu B (0.0%) Ontario: - flu A stable at 21.2%; flu B (1.8%)	
	Similar	One institutional influenza outbreak declared in week 9. Twenty-two influenza outbreaks reported for season to date.	
	Similar	Predominant strains: Influenza A (H3N2) (93%)	
Local Emergency Department respiratory visits: week 9	Similar	Percentage of visits is similar compared to previous week; visits in recent weeks are lower than previous flu seasons	
Week 9 Overall Assessment February 26 to March 4, 2017	Similar	Reported Activity Level: Localized	
		73 new cases of Flu A in SMDHU. Four new cases of Flu B in SMDHU.	

Notes: Reported activity level is based on the weekly submission of <u>Appendix C</u> to Public Health Ontario. Definition available <u>here</u>.

*Compared to previous surveillance week

† Reported for week 8; assessment of indicator based primarily on provincial percent positivity due to low local counts

Reported Local Influenza Cases

In Simcoe Muskoka, there have been 544 **lab-confirmed influenza cases reported** as of 7 March 2017; 77 (14.2%) of which were reported in week 9 – this is higher in comparison to week 8.

Of the 409 reported influenza A cases with subtype information available:

- 409 (100%) of the cases were influenza A, subtype H3.
 - Six of these cases were further subtyped to H3N2.
 - Of these six, two were identified as A/HONG KONG/4801/2014-LIKE(H3N2)

Table 1: Summary of influenza cases for 2016/17 season

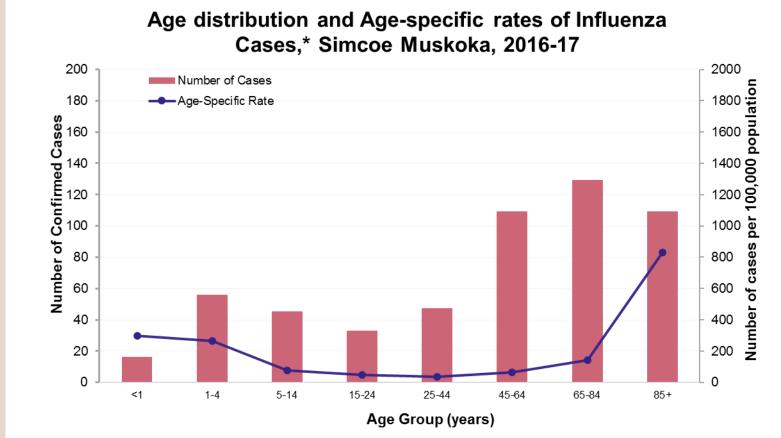
Lab-confirmed Influenza Cases	Week 9		Season-to-Date			
Lab-commed innuenza Cases	N	%	N	%		
Influenza A	73	95%	525	97%		
Influenza B	4	5%	19	3%		
Influenza A & B	0	0%	0	0%		
Total	77	100%	544	100%		
Notes: Data source: Communicable Disease Intake Database, extracted on February 28, 2017						

Age Distribution

For the season-to-date, nearly half (43.8%) of cases have been reported in individuals aged 65 and older. The corresponding age-specific rates are 143.5 per 100,000 population (65-84 years) and 831.2 cases per 100,000 population (85+ years), respectively. While less than 5% of cases were reported in the <1 years of age group, the age-specific rates is 299.7 cases per 100,000 population.

Mean age of reported flu cases: 52.3 years

Figure 1: Number and Age-specific Rate of Influenza Cases by Age Group, Simcoe Muskoka, September 2016 to present

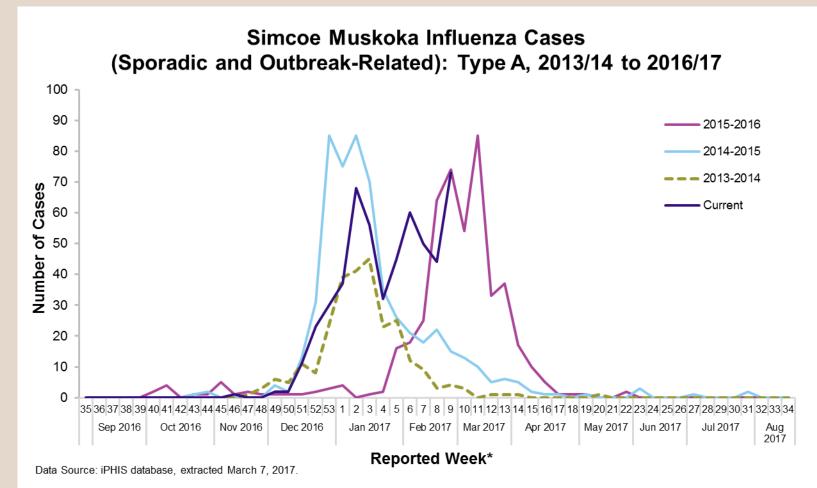


Data Source: CD Intake database, extracted March 7, 2017. Population Estimates, Intellihealth, extracted August 2016. Note: Population estimates are for 2016 for Simcoe Muskoka region.

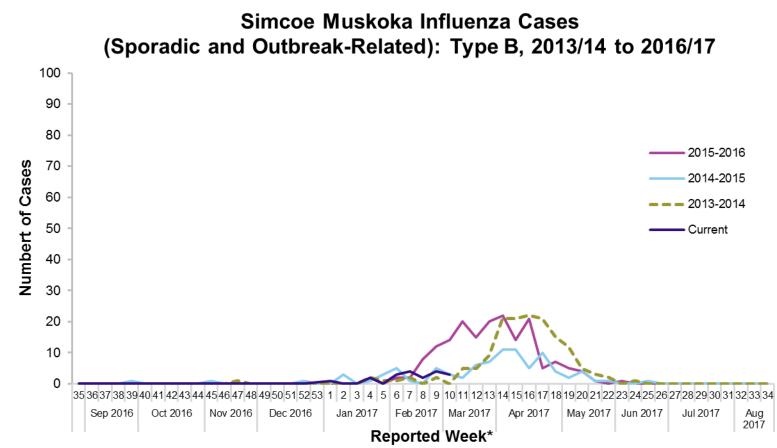
* Confirmed Cases

Historical Comparison

Figure 2: Reported Influenza Cases, Type A, Current Influenza Season with Historical Comparison, Simcoe Muskoka



*Case counts are based on reported date. Reported date is on average 7-10 days after onset date. For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2016-17 influenza season is provided for reference. Week 1 always corresponds with the week in which January 1 lands. Figure 3: Reported Influenza Cases, Type B, Current Influenza Season with Historical Comparison, Simcoe Muskoka



Data Source: iPHIS database, extracted March 7, 2017.

*Case counts are based on reported date. Reported date is on average 7-10 days after onset date.

For comparability between years, the surveillance week number is used in this graph. The alignment with the dates for the 2016-17 influenza season is provided for reference. Week 1 always corresponds with the week in which January 1 lands.

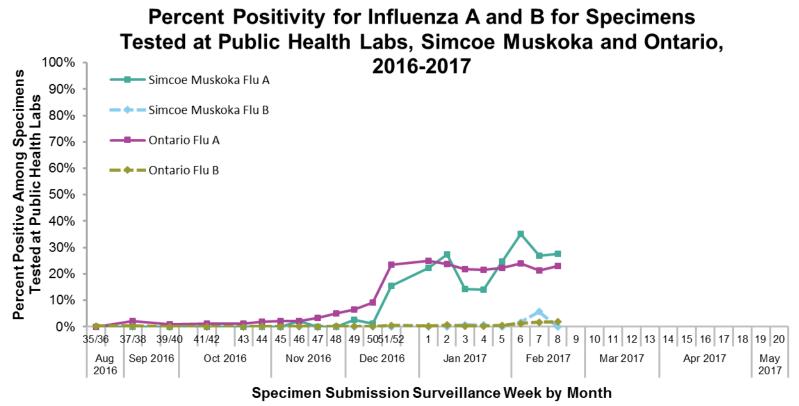
Percent positivity

Note: Percent positivity is reported with one week lag and does not included week 9. Percent positivity is reported for week 8.

The percentage of flu specimens that are positive (<u>percent positivity</u>) for Influenza A are similar to the previous week. The provincial percent positivity for influenza A in week 8 was reported at 22.9 %, similar to week 7. Influenza B percent positivity was also similar to the previous week at to 1.8%.

Locally for week 8, percent positivity for influenza A was reported at 27.5%, while influenza B decreased to 0.0%*.

Figure 4: Percent Positivity, Influenza A & B, Simcoe Muskoka & Ontario, 2016/17



Data Source: Public Health Ontario Respiratory Pathogen Bulletin, extracted March 7, 2017.

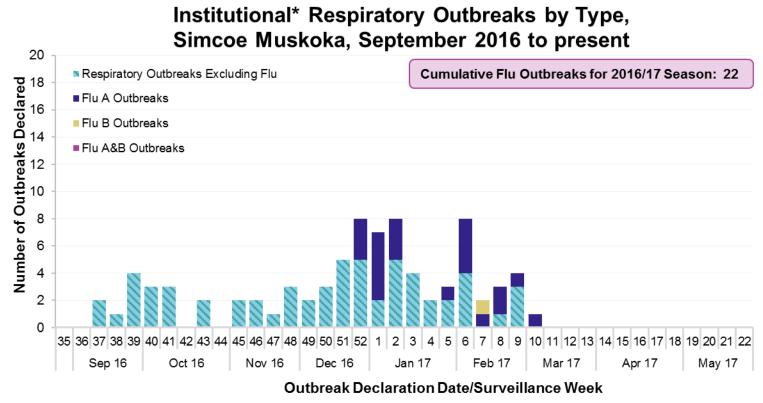
* Simcoe Muskoka percent positivity is based on relatively small numbers of positive tests and should be interpreted with caution. Data in this figure are reported with one week lag and do not include the most recently completed surveillance week.

Institutional Respiratory Outbreaks

There have been 22 lab-confirmed institutional flu outbreaks in Simcoe Muskoka since September 1, 2016:

- Influenza A: 21 outbreaks
- Influenza B: one outbreak

Figure 5: Institutional Outbreaks by Respiratory Pathogen, Simcoe Muskoka, 2016/17



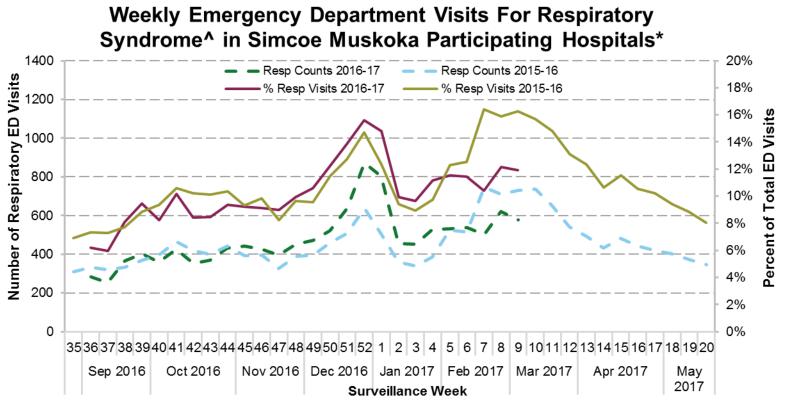
Data Source: SMDHU Outbreak Log, 2016-17. Extracted March 7, 2017.

* Confirmed outbreaks. Institutions can include acute care facilities, long term care facilities, retirement homes and child care facilities.

Local Emergency Department Visits

Emergency department visits for respiratory syndrome in Simcoe Muskoka accounted for 11.9% of visits in week 9. This is similar to week 8, and significantly lower compared to the same time period in the 2015/16 season. The large increase and subsequent decrease in visits at the beginning of 2017 follows the seasonal pattern observed in previous years, particularly the 2014/15 season.

Figure 6: Emergency Department Visits for Respiratory Syndrome at Participating Simcoe Muskoka Hospital, 2015/16, 2016/17 Seasons



Data Source: Acute Care Enhanced Surveillance (ACES) System, extracted March 7, 2017.

A Respiratory syndrome is defined as "respiratory infection non croup, non bronchiolitis. Includes sore throat, cough, cold, ear infection, blocked ear, earache etc". This syndrome does not include influenza-like illness, which is "fever, myalgia, undifferentiated flu".

*Participating hospitals are: RVH, OSMH, MAH (Bracebridge and Huntsville), GBGH and CGMH. Includes Simcoe Muskoka residents and visitors. As of Oct. 2016, an additional local hospital began feeding data to ACES; comparison of previous crude counts with the current counts should not be made.

The above data is provided through Acute Care Enhanced Surveillance (ACES), an emergency department (ED) syndromic surveillance system managed by <u>KFLA Public Health Informatics</u> for participating Ontario hospitals. Five hospitals participate in Simcoe Muskoka.

Vaccine Match and Influenza Strains

The trivalent 2016-2017 influenza vaccine contains the following strains:

- A/California/7/2009 (H1N1)pdm09-like virus;
- A/Hong Kong/4801/2014 (H3N2)-like virus;
- B/Brisbane/60/2008-like virus.

For the season to date, the vaccine appears to be a good match for the circulating influenza strains across Canada.

The World Health Organization has issued their recommendation for the 2017/2018 seasonal influenza vaccine.

Influenza Strains	Number of Specimens with Strain Characterization Results			National Match				
	Simcoe Muskoka*	Ontario	Canada	Percent [†]				
Influenza A Vaccine Strains								
Influenza A (H3N2) A/Hong Kong/4801/2014-like	2	167	265	93%				
Influenza A (H1N1) A/California/07/09-like	0	16	20	7%				
Influenza B Vaccine Strains								
B/Brisbane/60/08-like	0	14	27	42%				
B/Phuket/3073/13-like (Quad vaccine only)	0	17	37	58%				

Data Source: Ontario and Canada Counts: Public Health Ontario Respiratory Pathogen Report, Table 8: Strain characterization completed on influenza isolates at the National Microbiology Laboratory, Surveillance week 8; SMDHU Counts: CD Intake Database, extracted March 7, 2017.

*Simcoe Muskoka counts are current to the most recently completed surveillance week (week 9). A zero count indicates no strain characterization results are available. Provincial and national counts are reported with one week lag and do not include the most recently completed surveillance week. Surveillance weeks can be found <u>here</u>.

† Non-vaccine match strains are not reported. Percent match is based on antigenically similar strains. As of week 8, an additional 622 specimens did not grow to sufficient hemagglutination titers for antigenic characterization, but were found to be of the same genetic group as A/Hong Kong/4801/2014-like virus through sequence analysis.

Technical Notes

Definitions

<u>Percentage positivity</u>: the number of positive flu cases divided by the number of specimens tested at Public Health Ontario Labs

<u>Reported activity level</u>: the level of influenza activity that is reported to Public Health Ontario by Simcoe Muskoka, based on influenza cases and outbreaks. Definitions available <u>here</u>.

<u>Surveillance week</u>: The week number corresponding to the week of year, running Sunday to Saturday, inclusive, for reporting influenza activity. January 1 always falls within week 1. A list of the current season's surveillance weeks can be found <u>here</u>.

Limitations

Timeliness:

The provincial data are from one week previous because that is the most recent data available.

The hospital data, local counts of influenza, and outbreaks are current to date.

The number of cases listed in a given surveillance week may change as more information becomes available

Case-Follow-up and iPHIS Data Entry:

While Public Health Ontario only requires detailed information on every fifth case of influenza reported to SMDHU, the health unit investigates all hospitalized influenza cases in order to ensure accurate adverse outcomes and subtyping data is available.

Case Reporting:

Sporadic cases do not accurately describe all cases of influenza as those cases reported are skewed towards individuals more likely to seek medical care and be tested (e.g. young, elderly and immunocompromised).

Additional Resources

Simcoe Muskoka

- Influenza Fact Sheet
- Influenza HealthSTATS page

Provincial

- Ontario Respiratory Pathogen Bulletin
- Public Health Ontario Laboratory Respiratory Pathogen
 Surveillance Reports
- ILI Mapper

Week 8 Provincial Summary: For the 2016-2017 surveillance season to week 8, 9122 laboratory-confirmed influenza cases have been reported across Ontario, 570 (6.2%) of which were reported in week 8. Among cumulative cases, 97.6% (8899/9122) were influenza A. Of the 4758 reported influenza A cases with subtype information available, 99.3% (4727/4758) were H3N2 and 0.7% (31/4758) were (H1N1)pdm09. Influenza A activity in week 8 was moderate.

(Source: Public Health Ontario Respiratory Pathogen Bulletin, Surveillance Week 8, extracted March 7, 2017.)

National

Public Health Agency of Canada FluWatch

International Resources

<u>WHO Global Influenza Surveillance and Response System</u>