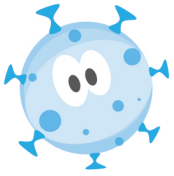
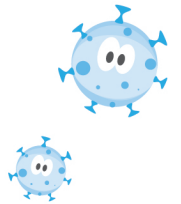


# Hand Sanitizing!



## Stop the Spread of Germs

If you do not have access to water and soap,  
use an alcohol based hand rub.



**1** Apply 1 to 2 pumps  
of sanitizer.



**2** Rub hands  
together.



**3** Rub liquid  
into the palms, backs of  
hands, wrists, between  
fingers and under  
nails.



**4** Rub hands  
until dry.

**REMEMBER:** hand sanitizer should only be used with adult supervision.

Hand sanitizers should be used when hands are visibly clean.  
Wash hands with soap and water if hands are visibly dirty.