HEALTHY SCHOOL COMMITTEE

Action Plan Template

This template helps your team plan what you want to do related to your health topic(s). As a team, look at your priorities and assets and decide on activities that your school community could do to address your health topic(s). Focus on what your school already has (assets) as a starting point. Generate ideas and then decide on what you can realistically do this school year. It is great to have a long-term plan, and you can save ideas for next year. Add more rows as you need them for each activity or strategy.

Goal(s):

We will become a healthier school by:

We will know that we have been successful when:

E.g.: There is an increase in the number of physical activity opportunities offered to students during outdoor breaks

Measurement of success:

This is represented by a change that has occurred in the school as a result of activities. You may track the change through surveys, conversations, observations and more.

E.g.: We will create a chart that shows the activities offered during outdoor breaks last year compared to the activities that we offer this year.

Working together:

Look for opportunities to build on strengths at the school and connect with other people, programs, and school priorities. Let other school committees know about your activities and plans.





Action Plan Template

Health Topic:			
Activities:	Aim to include activities in each of the foundational areas:	Who is responsible for what:	Timeline/ Progress:
Be specific about what you want to do	 Curriculum, Teaching and Learning School and Classroom Leadership Student Engagement Social and Physical Environment Home, School, and Community Partnerships 		
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Adapted with the permission of the Community and Health Services Department of the Regional Municipality of York.





Reflection:

The following page is to be completed at the end of the school year. Record at least one statement for each section. Refer back to your action plan when completing this section.

Did we achieve our goal?

Successes:

Challenges:

Share the information:

We will share this information with others (staff, students, greater community) by:

Plan for next year: Ideas for next year:



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