

**Thursday,  
December 7th,  
2017**

# Prenatal Education Trends and Issues

Working together... making a difference in maternal and child health  
*(doulas, lactation consultants, midwives, nurses,  
physicians, prenatal educators)*



## **Prenatal Education: Key Messages for Ontario**

Louise Choquette  
Bilingual Health Promotion Consultant  
Best Start Resource Centre



## **Cannabis Use in Pregnancy and Breastfeeding**

Dr. Lisa Simon, MD, MPH, CCFP, FRCPC  
Associate Medical Officer of Health  
Simcoe Muskoka District Health Unit



## **Maternal and Infant Health in Simcoe Muskoka**

Lori Webel-Edgar, RN, BScN, MN, CCHNC(C)  
Program Manager, Reproductive Health  
Simcoe Muskoka District Health Unit



## **Informed Decision-Making for Labour and Birth**

Rachel McDougall, RN, BScN  
Public Health Nurse,  
Family Health Promotion Team  
Wellington-Dufferin-Guelph Public Health  
Co-Author of the Ontario Public Health  
Association Position Statement



## **Pregnancy, Birth, and Beyond: It Isn't Always Easy**

Jaime Charlebois RN, BScN, PNC(C), MScN  
Perinatal Mood Disorder Coordinator  
Orillia Soldiers' Memorial Hospital

**Snacks  
and Lunch  
Provided**

**Fern Resort — 4432 Fern Resort Road, Orillia, ON L3V 6H4 — 8:30am to 4:00pm**  
**Registration: 8:30am. Presentations: 9:00am.**

**\$65/per person**

**Register by November 22nd, 2017**

**Payable to Simcoe Muskoka District Health Unit**  
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