

Simcoe Muskoka District Health Unit Child Care Policy Development Tool

The Simcoe Muskoka District Health Unit (SMDHU) requires all child care centres that are located within its boundaries to have policies that cover specific topics. The information in the policies are to help staff make decisions around infection prevention and control (IPAC) and food safety. When writing the policies, write them so if there was a group of entirely new staff, they could run the centre as usual with the help of these policies.

SMDHU requires certain topics to be covered in the policies but with respect to the format of the policies that is left to your discretion. These are the minimum topics that SMDHU requires to be covered. SMDHU supports the development of additional IPAC/Food Safety policies that specific centres may find helpful.

Getting started writing a policy
☐ Review IPAC information on SMDHU website:
https://www.simcoemuskokahealth.org/ChildCare
\square Review the samples and templates provided by MEDU
\square The policy should provide enough information and direction for a brand new staff to function if
they had to run the centre on their own
\square Ensure the information in the policy is purposeful and easy to follow
Information that needs to be included for each topic:
☐ Infectious Disease & Reporting DOPHS
Reference Documents to include:
☐ <u>Diseases of Public Health Significance</u> – if staff are made aware of a child or staff being
diagnosed with one of the infections listed in this document, they must report to SMDHU
☐ Common childhood illnesses: A guide for caregivers — this document lists reportable and non-
reportable diseases that are common for children. It provides the operators with information to
help make decisions for next steps when a child receives a diagnosis of one of the infections
☐ Directions on when and how to report to Public Health
\square What symptoms should staff be watching for?
☐ When identified what should be done?
☐ Isolation and/or Exclusion of III persons
\square How does the centre accommodate a staff or child that needs to be isolated?
☐ When is it required?
\square How long does a child or staff need to stay away from the centre?
☐ Infection Prevention and Control Practices
\square How can staff prevent illness in the centre
\square What is your cleaning and disinfection process/schedule
\square What disinfectant is used and what is the proper method for using it and preparing it (if
applicable)
\square Hand Hygiene and glove use (when and how)
☐ Respiratory Etiquette
☐ Diapering & Toileting
☐ Sleeping equipment: cribs, mattress, cots/mats
☐ Personal items at the centre
☐ Laundry



☐ Environmental cleaning then disinfection
\square Toy cleaning then disinfection
☐ Sensory play and management
☐ Outdoor play and management
☐ Gardening
☐ Infection control on field trips (e.g., petting zoos)
☐ Animals on-site & Animal bites
☐ Reference Documents to include:
Recommendations for the Management of Animals in Child Care Settings
☐ Will the centre permit visiting animals on-site
\Box If yes, what infection prevention controls need to be in place to ensure a safe environment for
the animal and the children
☐ What actions must be taken if a person is bit or scratched by an animal
☐ Outbreak Surveillance, Identification and Management
\square How does the supervisor keep track of illness in the centre
☐ What are the thresholds for OB notification to Public Health
☐ What is a line list
\square How does an outbreak affect routine practices at the centre and expectations for staff
☐ Who needs to be notified of the outbreak
☐ Immunization Documentation
☐ What are the expectations for immunization of children
\square What are the expectations for immunization of staff
\square What needs to be completed if immunizations for children or staff do not meet expectations
(e.g., attestation notes)
\square How are immunization documents stored (on-site, off-site, length of time, destruction of
documents)
☐ Emergency Preparedness & Contingency Plans
 For SMDHU purposes the focus is on any emergency that can affect food safety or infection
control including but not limited to floods, sewage back up, power loss, water loss/interruption
MEDU also has requirements for Emergency Management. If inconsistencies are noted connect
with designated PHI for further guidance
☐ When to notify SMDHU of an emergency (during SMDHU business hours (Monday to Friday 8.30am
to 4.30pm) call 705-721-7520 x8809 – ensure to speak to a live person, do not just leave a message
If the centre stays open:
☐ How will food be provided to the children in a safe manner
☐ How will hand washing occur
☐ How will toileting/diapering occur
☐ How will cleaning and disinfection occur
☐ Where will drinking water come from
Once the emergency has ended/the urgency has lessened, consider:
☐ What appliances have been affected (fridge/freezers) – when does food need to be discarded
☐ What can be cleaned/disinfected and what needs to be discarded ☐ Is professional assistances required