

Cancer Screening for Women in Simcoe and Muskoka



Colorectal Cancer Screening Recommendations

- 50 years of age or older, without a family history of colorectal cancer.
- Using an easy-to-use Fecal Occult Blood Test (FOBT) every two years.

Where do I get an FOBT kit

- Contact your family physician to obtain a home test kit.
- If you do not have a family physician, you can obtain a test kit at your local pharmacy OR by calling the Colon Cancer Check INFOline at 1-866-410-5853.

Cervical Cancer Screening Recommendations

- Cervical cancer screening is recommended every three years for all women starting at age 21 who are or ever have been sexually active.
- Based on the latest clinical evidence, cervical cancer screening every three years is effective.
- Women over 70 years of age can stop having Pap tests if there are at least three normal tests in the previous ten years.

Where do I have a Pap test?

- Your family doctor or nurse practitioner can do a Pap test.
- If you do not have a family physician or nurse practitioner, contact Your Health Connection at 721-7520 or toll free 1-877-721-7520. A Public Health Nurse will direct you to options in your area.

Cancer Screening for Women in Simcoe and Muskoka

Breast Cancer Screening Recommendations

Breast cancer screening is the regular examination of a woman's breasts to find breast cancer early. A breast X-ray (mammogram) is the best screening tool.

- In Ontario, it is recommended that women aged 50 to 74 years of age have a screening mammogram, generally every two years.
- Women between 50 and 74 years of age can book their own appointment. There is no cost for this screening.

Where do I get Breast Screening?

Call the OBSP screening location closest to you to make an appointment.

Alliston - Stevenson Memorial Hospital (705) 434-5158

Barrie - Royal Victoria Regional Health Centre (705) 739-5610

Bracebridge - MAHC - South Muskoka Memorial Hospital (705) 645-3000

Midland - Huronia Medical Centre X-ray and Ultrasound (705) 526-5000

Orillia - Ontario Medical Imaging (705) 326-2244

Orillia - Orillia Soldiers' Memorial Hospital (705) 325-2201, Ext 3292

For more information contact
Your Health Connection at
1-877-721-7520

