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Ontario Planners: Vision • Leadership • Great Communities

Healthy Communities, Sustainable Communities



Robert Armstrong MCIP RPP

**Director of Planning and Building Municipality of Meaford
Lakelands District Rep Ontario Professional Planners Institute**

(April 15, 2011)



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The Ontario Professional Planners Institute's more than 3,000 members are employed by all sectors and work in a wide variety of fields - urban and rural community development, urban design, environment, transportation, health and social services, housing, and economic development.





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Healthy Communities, Sustainable Communities

Planners are Leaders in Creating and Fostering Healthier and Sustainable Communities





What is OPPI Doing About Healthy Communities?

OPPI launched the Healthy Communities Initiative in the fall of 2006.

In November 2007,
OPPI released
***Healthy Communities,
Sustainable Communities***





Healthy Communities, Sustainable Communities

- Since its launch, the Healthy Communities Initiative has been met with an overwhelmingly positive response.
- OPPI continues to actively promote the Healthy Communities Initiative





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Call to Action:
Plan for the Needs of
Children and Youth
(active transportation)

February 2009





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Call to Action: Planning for Age-Friendly Communities

June 2009



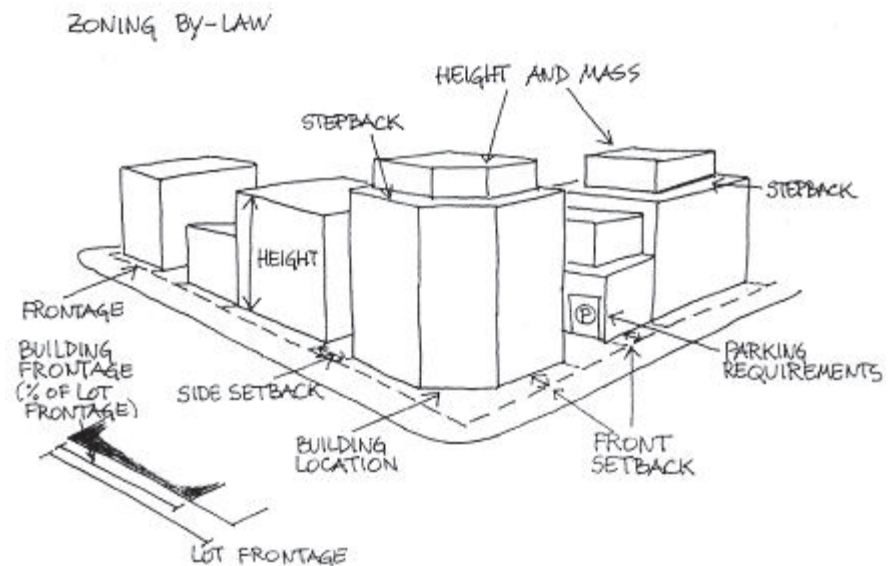


MAH/OPPI handbook:

PLANNING BY DESIGN: a healthy communities handbook



Released Fall 2009





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Call to Action: Healthy Communities and Planning for a Sustainable Greater Toronto Area

March 2011





OPPI's Policy Development Committee:

- identifies public policy issues significant to the planning community and helps develop the Institute's response;
- responds to public agencies seeking the Institute's position and comments on policies that are being developed;
- responds to emerging public policy issues that are significant to the planning community, as identified by the Council, the Committee, or the members at large;
- responds to non-government organizations seeking the Institute's comments and/or cooperation with respect to policy.

(...cont.)



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Healthy Communities, Sustainable Communities

OPPI's Policy Development Committee (cont.):

- The Committee prepares policy papers and Calls to Action on important planning issues.
- There is representation from across the province provided by District representatives who sit on the Committee.
- There are also the Chairs of the Working Groups that deal with specific issues: Agriculture and Rural Affairs, Environment, Government and Legislation, Sustainable Communities, Natural Resources, Transportation and Urban Design.



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Partnerships – An Example

Spark Together for Healthy Kids: Supporting Partner in a key Heart and Stroke campaign





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OPPI SYMPOSIUM 2010

Healthy Communities


AND PLANNING FOR


Food

Guelph

OCT 28 & 29, 2010
The Delta Guelph Hotel & Conference Centre

A harvest of ideas




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Watch the OPPI web site for more information in future months!

www.ontarioplanners.on.ca





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Next Steps-Three Calls to Action are Scheduled for release in 2011:

- Healthy Communities and Planning for a Sustainable Greater Toronto Area (Toronto and Region Conservation Authority). Released March 2011.
- Healthy Communities and Planning for Food: *Planning for Food in Communities across Ontario*. Release June 2011.
- Healthy Communities and Sustainable Transportation. Release Fall 2011



Other Next Steps

- Ongoing advocacy with government officials
- Growing and strengthening partnerships
- Continuing to engage OPPI members through an upcoming conference, continuous professional learning and District activities.

GREY BRUCE HEALTHY COMMUNITIES PARTNERSHIP

Grey Bruce Healthy Communities Partnership

Goal

Promote Coordinated planning and action among community partners to develop healthy public policies related to.....

Grey Bruce Healthy Communities Partnership

- Physical Activity, Recreation and sport.
- Healthy Eating
- Injury Prevention
- Tobacco Free Environments
- Substance Misuse
- Mental Health Promotion

Grey Bruce Healthy Communities Partnership

All About Community Leaders
working together....



“I want to be part of
a healthy community.”

Grey Bruce Healthy Communities Partnership

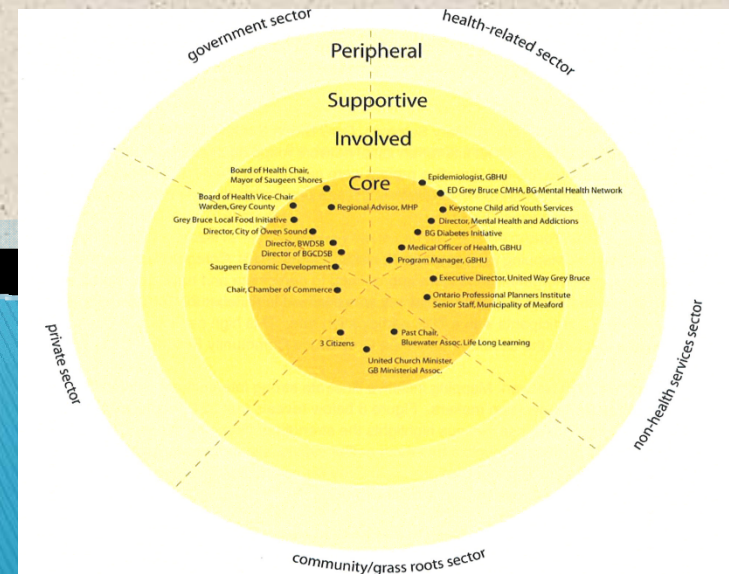
Members:

- Health Unit Staff including Medical Officer of Health
- Municipal Planners
- Councilors including Wardens
- Directors of School Board
- Economic Development Corp.

Grey Bruce Healthy Communities Partnership

Members cont'd:

- Executive Directors (VON, Cancer Society, United Way, Diabetes, Keystone, M'Wikwedong)
- Rep from Local Food Movement
- United Minister
- List keeps growing...



Grey Bruce Healthy Communities Partnership

Minster Best joined 200 community leaders at a Conference entitled –
“Capacity through Awareness Building and Partnership”
Keynote – Dr. Wayne Caldwell
OPPI sponsored

Grey Bruce Healthy Communities Partnership



"I want to be part of a healthy community where vehicles and cyclists share the road."

"I'm going to speak up for a healthier community..."

Awareness Campaign

Speak Up for a Healthier Community...

You can make a difference by supporting changes to your community, such as adding more sidewalks, benches, and safer crosswalks. Together, we can make the healthy choice, the easy choice.

Contact your community leaders now about issues that are important to you and your family.

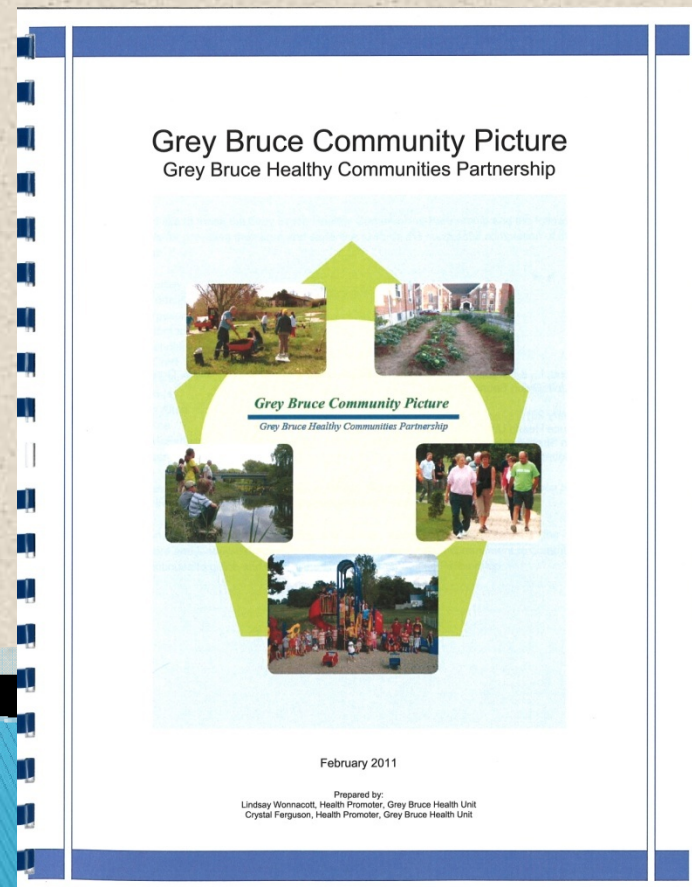
- Ask for walking and cycling routes that make it easier to get where you are going
- Ask for well marked crosswalks and benches to make streets and sidewalks safe and welcoming for people of all ages (age 8 – 80)?
- Complete a walkability checklist for your neighbourhood at www.icanwalk.ca.
- Tell community leaders what would make it easier to get around in your neighbourhood.



To find out more about healthy communities go to www.publichealthgreybruce.on.ca or our Facebook Page, "Grey Bruce Gets Healthy."

Grey Bruce Healthy Communities Partnership

Considered how
we are doing
in Grey
and Bruce
Counties in
6 areas

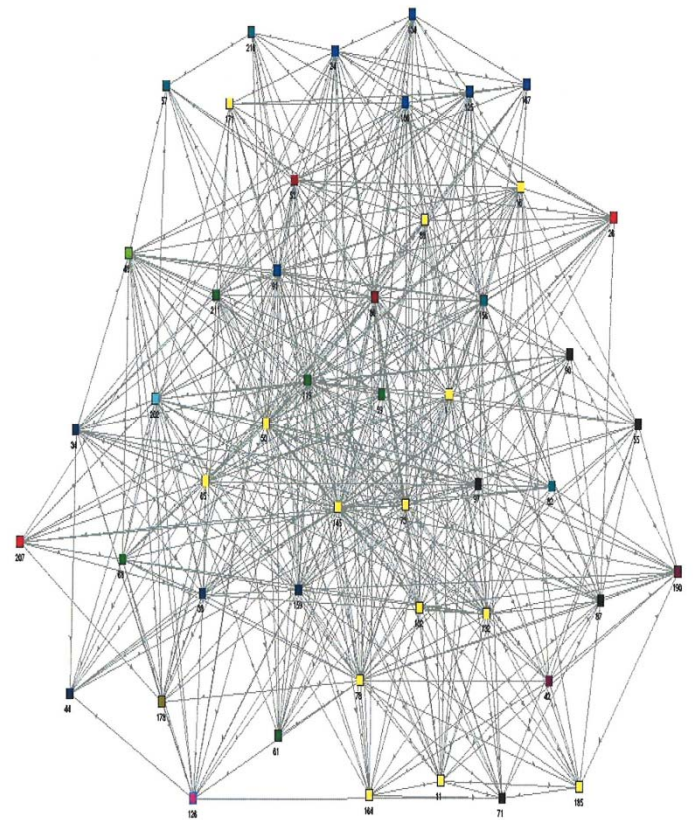


Grey Bruce Healthy Communities Partnership

Network Map

– Computer Program that identified spheres of interest and connectivity of partners

Environment
Housing
Education
Early years
Disability
Employment/ Economic development
None of these
Most or all of these
Prenatal/maternal health
Social issues/ social justice
Poverty
Other
Urban planning



Grey Bruce Healthy Communities Partnership

Photo Voice

What Does it Mean to Be Healthy?
Using Photovoice to Capture Perceived
Barriers and Facilitators to Being Healthy
in Grey Bruce.

Grey Bruce Healthy Communities Partnership

What do YOU feel it means to be healthy?

Use photos to describe the things that YOU feel make it *easy* to be healthy and the things that make it *difficult* to be healthy.

What message do you want your picture to send?

What do you want decision makers in your community to know about?

Grey Bruce Healthy Communities Partnership



Grey Bruce Healthy Communities Partnership



GREY BRUCE HEALTHY COMMUNITIES PARTNERSHIP