



## Steps to clean and disinfect multi-use instruments

- ① Keep dirty instruments in container labelled “Instrument for Cleaning”. Container should be filled with water or a solution of soap and water.
- ② Wash hands for at least 15 seconds.
- ③ Put on rubber gloves.
- ④ Clean dirty instruments using warm water, soap and a brush.
- ⑤ Rinse instruments under running warm water.
- ⑥ Let instruments air dry.
- ⑦ Soak cleaned instruments in a clean solution of disinfectant for the appropriate time (see chart regarding types of disinfectants).
- ⑧ Rinse instruments under running warm water.
- ⑨ Let instruments air dry.
- ⑩ Wash hands for at least 15 seconds.

### **NOTE**

When cleaning and disinfecting instruments thick, heavy, non-disposable rubber gloves and eye protection should be worn. Care must be taken at all times to prevent any penetration of the skin or splashing of mucous membranes during the cleaning process.